



The Unified Voice for Older Adults in Yolo County

**Collaboration, Coordination,
Information & Assistance Committee**

MINUTES

**Monday, July 27, 2020, 9:00AM-11:00AM,
VIA Zoom CONFERENCE LINE ONLY**

PRESENT: German Anyon (AAA4-Person Centered Counselor), Isaac Blackstock (Yolo County Housing), Craig Blomberg (Sutter Davis Hospital Case Management), Brandi Bluell (Resources for Independent Living), Dana Carey (Yolo Co. Office of Emergency Services), Beth Conn-Ossenforth (Yolo Adult Day Health Center), Kim Coontz (CA Center for Cooperative Development), Denise Davis (Alzheimer's Assoc.), Lisa DeAmicis (Davis Senior Center), Randy Dinning (AAA4 Ombudsman Program-Yolo), Jamie Duong (CA Center for Cooperative Development), Jaana Elina (AAA4-Person Centered Counselor), Josephia Elliott (Yolo Co. Adult Protective Services), Nancy Gifford (Margaret McDowell Manor-West Sacramento), Jessica Gojkovich (Yolo Co. Public Guardian Office), Lyndsey Hall (Yolo D.A. Victims Services and Elder Protection Unit), Rebecca Hensley (AAA4-Person Centered Counselor), Tracy Keenan (Yolo Hospice-Citizens who Care), Stephanie Koop (senior advocate), Sondra Mattingly (Retired Seniors Volunteer Program-RVSP), Alysya Meyer (Legal Services of Northern CA), Debbie Moga (Yolo Hospice-Yolo Cares), Anna Morales (Yolo 211), Rachel Miller (Yolo Hospice), Michelle Nevins (Del Oro Caregiver Resource Center), Valerie Olson (senior advocate), Elida Serratos (Yolo Co. IHSS), Pamala Smith (Adult Insurance Solutions), Kelly Trillo (Yolo D.A. Victims Services and Elder Protection Unit), Loran Vetter (St. Luke's Community Resource Navigators), Emma Viera (Yolo Food Bank), Rosanna Vigil (Yolo Co. IHSS Public Authority), Kelli Villanueva (WeCare4Yolo), Lupita Vital (Yolo Co. Health Infectious Disease Program), Stacy Vue (Multi-purpose Senior Services Program-MSSP), Carolan Washington (Health Insurance Counseling and Advocacy Program), Kristin Weivoda (Yolo Co. Emergency Medical Services Agency), Elizabeth Yeh (AAA4 Advisory Council), Sheila Allen, staff (Executive Director, YHAA) (total 44 people on call)

1). Introductions and announcements (Sheila Allen, Yolo Healthy Aging, Executive Director)

2). Accept minutes of 6/1/20 meeting MOTION: Move to accept as written. Moved by Sondra Mattingly, Rachel Miller 2nd, passed unanimously.

3). Update on COVID19

Kristin Weivoda-Yolo County Emergency Medical Services Agency

New quarantine recommendations from CDPH and CDC. Yolo County Health Officer has issued new quarantine orders based on this:

(excerpt from Yolo Co. press release) "The Yolo County Health Officer mass isolation order will focus on those residents who have already received their test result. This order requires all individuals with a lab confirmed positive COVID-19 test to comply with self-isolation instructions for their infectious period. The period of isolation for those without symptoms is 10 days from the date of a positive test. The isolation period for those with symptoms is at least 10 days from the onset of symptoms and at least 24 hours since recovery

(meaning resolution of both fever without the use of fever-reducing medications and the improvement of cough and shortness of breath, if present). Under the isolation order, COVID-19 positive individuals are required to do the following:

- Isolate themselves in their home or another residence for 10 days. They may not leave their place of isolation or enter any other public or private place, except to receive necessary medical care or during an emergency that requires evacuation to protect the health and safety of the person.

- Tell their close contacts that they need to quarantine themselves. Close contacts of an individual who has COVID-19 are persons who, during the individual's infectious period, were within six feet of the individual for 15 minutes or longer. The infectious period commences 48 hours before symptoms began (or, in the absence of symptoms, 48 hours before the date of administration of a positive test) and ends when the isolation period is over.

- Carefully review and follow the "Home Isolation Instructions" posted at <https://covidtesting.yolocounty.org> (and included in the order). The individual should also refer their close contacts to follow these instructions.

The mass quarantine order is directed at residents who have had close contact with a positive COVID-19 individual. Close contacts are required to do the following:

- Stay in their home or another residence for 14 days from the last date that they were in contact with the case. Persons are required to quarantine themselves for the entirety of the 14-day incubation period because they are at high risk of developing and spreading COVID-19. They may not leave their place of isolation or enter any other public or private place, except to receive necessary medical care or during an emergency that requires evacuation to protect the health and safety of the person.

- Carefully review and follow the "Home Quarantine Instructions" posted at <https://covidtesting.yolocounty.org> (and included in the order).

- Health workers and first responder agency workers, may exempt from quarantining if they inform their employer, are showing no symptoms, and the employer determines they are needed at work based on staffing need."

Assessing how long term care facilities are operating and assisting with long term planning. Current Outbreaks (note: for COVID, even one case is an outbreak in a facility) Anderson, Stollwood, Courtyard, Riverbend, The Californian, and Woodland Residential Services. All are following mitigation plan. Monitoring hospital capacity and addressing needs, e.g.: Dignity recently needed additional PPE and got them delivered. State will open surge location (Sleep Train Arena) only if all local hospitals maxed out. Medical Health system currently running smoothly.

Testing results-why taking so long? Yolo Co. increased capacity including who does testing so labs are behind in running tests, resulting in slow result times.

Question from Craig Blomberg (Sutter Davis Hospital): very difficult to find rehab or skilled nursing locations in county to discharge from hospital with 3-4 SNF not accepting patients (note: Stollwood is closing permanently) and 2 others being investigated for outbreaks. Where can people go? Sleep Train Arena may include step down and SNF ability if and when it opens.

Dana Carey-Yolo County Office of Emergency Services Last week Yolo County Office of Emergency Services closed the emergency operations and HHSA emergency center to create new COVID Response Operation Center (CROC) which includes HHSA, Office of Emergency Services and fire. To address our ongoing increase in cases, Yolo Co. has increased staffing for contact tracing (staff trained from HHSA),

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Board of Supervisors created a new ordinance for enforcement with probation department staff to follow up on reports of non-compliance including fines for non-compliance.

Testing-ramped up to higher levels. County now has access to CARES funding (through Dec. 31). For state testing in Yolo Co. you need an appointment. County testing is open with no appointments (4 hours at a time or until tests run out) in different Yolo communities. Testing from Public Health lab used for contact investigation. Hiring extra help for contact tracing. Question: With additional sites what are the result turn-around times? State testing sites (10+ days) county test sites (2-5 days). Link for testing schedule and locations: <https://www.yolocounty.org/health-human-services/adults/communicable-disease-investigation-and-control/novel-coronavirus-2019/coronavirus-testing/>

Creating a vaccine distribution plan for when COVID vaccine is available. Will be using fall regular flu immunization clinics for practice which will mostly be drive through.

4). **Provider spotlight: New Programs – None.**

5). **Round table discussion from participants**-report on services from members and updates from continuing members (all)

Yolo County Housing (Isaac Blacklock) All Yolo Co. Housing computer centers are closed. Need to hear from School Districts regarding school plans before opening. Housing Coordinator is now making weekly calls to all seniors and persons with disabilities to check in on them. Referring to new services as needed. New interim director is Sandra Sigrist, former Yolo Co. Adult and Aging Branch Director. Housing availability is online. New housing will be announced on website <http://www.ych.ca.gov/>

Yolo Adult Day Health Center (Beth Conn-Ossenforth) Yolo ADHC has a new permanent phone number: 530-669-3700, emails remains the same: beth.conn-ossenfort@dignityhealth.org. Still working by phone and home visits (no in center services yet). Currently planning for end of Aug. for modified in-person services depending on county COVID numbers. Expanding their YouTube and Zoom groups: e.g.: morning exercises <https://www.youtube.com/watch?v=IDIRo0ZvcRw>. Finding that some participants have IHSS caregivers who are positive or exposed so assisting with back up caregiving referrals. Question regarding need for ongoing advocacy to ensure continued funding of the program. Currently, the proposed elimination of MediCal funding of Adult Day Programs is off the table but advocates are watching carefully as budget updates occur.

Yolo Hospice Programs

Citizens who Care (Tracy Keenan) Still no home visits, still making phone calls and sending resources and supports, Saturday Club still on hold.

Yolo Hospice (Rachel Miller) – Most volunteering programs are on hold with exception of deliveries. Advance Caring “Five Wishes” webinar series just completed. Continuing to provide this education service and have had very positive response in both number of participants and number of persons that complete the forms.

Yolo Cares (Debbie Moga) A palliative care program. Doing telemedicine, and telephone support.

Galileo Place (adult day program) Construction wrapping up, working on license, planned opening in early 2021.

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Sutter Davis Hospital (Craig Blomberg) Hospital is doing ok, staff and environment have adapted including having a COVID positive area. Have occasionally had full ICU (6 beds). Current challenge is the difficulties finding places to place people for rehab after discharge.

Adult Insurance Solutions (Pamala Smith) No new updates, clients are doing well and able to get services, retraining for new Medicare season coming up.

Yolo Food Bank (Emma Vieira) Working with non-profits to connect to their non-profit “food store” (low price food by the pound). To shop at the store email Emma: emma@yolofoodbank.org. June 25th ended home delivered food box program due to insufficient funding, were delivering weekly food boxes to over 2000 household. Looking for alternative ways of serving seniors by relying on partnerships. Some new food distributions locations at senior housing complexes. By end of the month would like to find new ways of serving this population. Farm Fresh to You boxes available for those who really cannot leave home (about 300 people currently).

AAA4 Person Centered Counselors (German Ayon, Jaana Elina & Rebecca Hensley) Delivering food to Project Room Key participants throughout Yolo-serving 75-80 people 3 times a week (persons experiencing homelessness during COVID-older adults and persons medically at-risk). AAA4 has a new Health Net Grant for anyone who has been affected by COVID-19 for isolated older adults who have a disability and are low income (Up to 200% of FPL) to purchase and distribution gift cards. To be used by older disabled adults who are 55+ years of age or their caregivers to purchase food, paper products, medications, gasoline or other items that are difficult to secure during the COVID-19 shelter in place order. Requests will be received through AAA4’s Person Centered Counseling Program and approved by the Executive Director. To request a gift card or information call the AAA4 front desk-916-246-2117.

Stacy Vue (Multi-Purpose Senior Services Program-MSSP) no service changes, still taking referrals, enrollments taken over the phone. **There is no waitlist in Yolo County.** Persons with Medicare/MediCal seniors to support them being able to stay in their homes. This program was also slated for elimination in governor’s budget but legislature and then governor agreed to continue funding. Please send your referrals to Stacy at SVue@healthcollaborative.org.

Health Insurance Counseling and Advocacy Program (HICAP) (Carolyn Washington) For persons with Medicare-continue to provide phone counseling and video conferencing for support. Normally only in person but doing their best now via electronic. Offer group online education. Open enrollment period: starts Oct. 15 through Dec. 7. **FOLLOW UP:** Will send me flier for distribution.

Yolo 211 (Anna Morales) Anna is the Yolo Community Resource Specialist. 211 is a hub of resources for Yolo and Sacramento counties via calling 211 or website. Anna maintains the Yolo Co. portion of the website. Have COVID resources for employees and employers, food resources and distribution schedules and sites. Great Plates-based on city and still going. Yolo Plates-she doesn’t know status of this local effort (note-did not move forward with this program). To check your agencies information in the 211 database check the website: <http://www.211sacramento.org/211/2-1-1-yolo-county-search-for-services/> To provide updates and corrections contact Anna at email: amorales@211sacramento.org.

Yolo Co. Public Health-Infectious Disease Program (Lupita Vital) Flu season just around the corner.

Planning a large community distribution schedule to provide flu vaccine and as an opportunity to practice immunization distribution for when COVID vaccine becomes available. Will send schedule and flier when ready.

Yolo District Attorney Elder Protection Unit (Lindsey Hall-victim advocate, Kelly Trillo-paralegal)

Assisting with real estate fraud, restraining orders. Volunteers have returned to help via phone. Maintain list of current scams. <https://www.yolocounty.org/law-justice/fraud-alerts>

Long Term Care Ombudsman (Randy Dinning) Want to get back inside skilled nursing facilities (SNF) and Assisted Living Facilities to assure residents are ok. It has been very difficult not to have physical presence. Started staging for re-entry recently but because of outbreaks not able to go. Working with Resident Councils to get information on status in facilities. Residents, with assistance of staff, have been using technology, Facetime, zoom, etc. to connect to family and friends. Ombudsman and others can do Advanced Healthcare Directives electronically. Stollwood SNF (a program of St. John's in Woodland) is permanently closing at end of September after a particularly difficult COVID outbreak. Ombudsmen are assisting in transition of remaining residents. There is a federal grant to investigate and address the issue of transitions out of nursing facilities to community. More information can be found from "The Consumer Voice", Sam Brooks, program manager, t: 202-332-2275, ext. 218. He is managing the \$750k CMS CMP grant.

IHSS (Elida Serratos) still taking referrals, must have modified assessments, not going into the home (doing assessments via phone). To be eligible for IHSS but have "full scope MediCal" at any age. Staff are working from home. Main number is now a phone tree (not a person). Checking voicemails-so it may take a little bit longer to get a response.

Alzheimer's Association (Denise Davis) Care and services for all kinds of dementia, caregiver support groups, 24-hour care and information line, over the phone consultations, have some respite funds (no Adult Day Programs so through in-home care services). Collaboration with Del Oro for caregiver education. International conference is online Sept. 21-22. Information and registration: https://www.dementiaconference.com/?gclid=EA1aIQobChMIkvKUtpaD6wIVAr7ACh3AoQUcEAAYAiAAEgIV4fD_BwE&gclid=aw.ds

Public Authority (Rossana Vigil) continued to function during COVID. Enrolling new IHSS providers remotely. Local fingerprinting sites remain open so can still be processed. "Home Care Now" emergency backup providers for persons whose provider is not available. Still have providers available for this program. Protective gear for providers-gloves and masks for providers and consumers. Providers-soap and hand sanitizer. N95 masks for providers caring for COVID positive cases.

Adult Protective Services (Josephina Elliot) Still taking reports 24 hours a day. Send in the fax but must then follow up with a call (required). Most client interactions are by phone but will do in person visit if needed.

Yolo Co. Public Guardian (Jessica Gojkovich) client case management and assessment being done mostly by phone only. New director of HHS Adult and Aging branch is Ian Evans, email: ian.evans@yolocounty.org

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Davis Senior Center (Lisa DeAmicis) working from home since the start of shelter in place. Occasionally a few staff go in. Center is closed but some Senior Center programs are happening via Zoom e.g: ukulele, bingo, movies. Staff are calling isolated participant via phone. Current the Davis Senior Center is a COVID testing site for Yolo Co. residents.

Del Oro Caregiver Resource Center (Michelle Nevins) help support families that are caring for people in the home. Funding still in place! Funding for persons caring for people over age of 60. Providing counseling and virtual support groups. Respite care-ramping up as AAA4 contract still not in place. Intakes are via Zoom or telephone. Caregiver education and additional program information: <https://www.deloro.org/>

Resources for Independent Living (Brandi Bluel) limited funding for people behind on rent for food and PG&E. Have helped 30 people and funding now gone. New program for persons with speech disabilities do a demonstration on an ipad to assess. Consumer can keep ipad 2 days to 2 weeks and then apply for a long term loan of an ipad. Program goal is to increase the ability of persons with speech disabilities to live independently. Need signature from Speech Therapist to qualify. Back to working remotely. PG&E grant-funds for charging station for power outages. Call office to sign up 916-446-3074. Only for medical necessary power for Yolo.

St Luke's Navigator (Loran Vettner) utilize the resources from this group and connect persons in the community to services. Woodland Personal Care pantry is open and running at the United Methodist Church in Woodland <https://www.umcwoodland.org/>

WeCareforYolo (Kelli Villanueva) fortunate not to have many caregivers out sick. Still providing care throughout Yolo. Glad to have this group to give resources to people and appreciate the information.

Legal Services of Northern California (Alysa Meyer) Provide free civil legal services. Housing, health, income maintenance and civil rights. Very busy now. Working virtually since mid-March. Appearing in court, especially for elder restraining orders. Getting ready for flood of evictions in Aug. Send people to LSNC if they received eviction notice.

Yolo Home Care Co-op (Kim Coontz, Jamie Duong) received license in Feb. Have website but have not opened yet. Hoping to open in Oct.

6). Update on Yolo Healthy Aging Alliance activities (Sheila Allen)

a. Friendly caller program- <https://www.yolohealthyaging.org/phone-friend-forms>

b. Annual Fundraiser, 10th Anniversary Celebration and Senior Superstar Awards. Rescheduled to Sunday, Oct. 4, 2020, 4p-5:30p, a virtual event. Collaboration Committee Sponsorships still needed. Sponsorships, tickets and information at <https://www.yolohealthyaging.org/annual-fundraiser-1>

c. ADRC-YHAA is working with Agency on Aging-Area 4 and Resources for Independent Living to create the Yolo Aging and Disability Resource Connection (ADRC). Have reached "emerging status" and are eligible for planning funds from the state. When COVID restrictions are lifted will be adding an office in Woodland area for services.

d. Census Program – There still is time to complete the census: <https://2020census.gov/>. Results will impact funding and representation. Please help get the word out.

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e. **YHAA updated website** www.Yolohealthyaging.org Find our resource page with comprehensive list of programs and services including a description, phone number and websites: <https://www.yolohealthyaging.org/resources>. On Collaboration Committee page can find all Collaboration Committee educational presentation and minutes <https://www.yolohealthyaging.org/collaboration>. On front page of website find updates on COVID.

7). Future agenda items COVID updates (regular agenda item for now), District Attorney Elder Abuse Prevention Program, marijuana, Aging and Disability Resource Connections (ADRCs)

8). Announcements – none

9). Next meetings

a. YHAA Collaboration Committee, Monday, August 24, 9am-11am-via Zoom NOTE: agreed to meet monthly while program changes occur more often with COVID.

b. Annual Cross Training, Monday, Sept. 28, 8:30am – 11am