



*\*The Unified Voice for Older Adults in Yolo County\**

**Collaboration Committee**

**DRAFT MINUTES**

**Monday, August 22, 2022, 9:00AM-11:00AM, Via Zoom**

Find minutes and previous presentations at <https://www.yolohealthyaging.org/collaboration>

**PRESENT:**

Joy Cohan (Yolo Meals on Wheels)	Liz Romero (Yolo Cares)
Jen Danzer (NAMI Yolo)	Joy Ramos (Yolo In Home Supportive Services)
Denise Davis (Alzheimer's Association)	Cathy Schreiner (Yolo Co. DA Victim Services)
Randy Dinning (Yolo Ombudsman)	Pamala Smith (Adult Insurance Solutions)
Charlotte Dorsey (senior advocate)	Rene Sosa-Galindo
Miranda Duncan (Coop Homecare)	Kelli Villeneuve (WeCare4Yolo)
Bambi Eagle (NVIH)	Lupita Vital (Yolo Co. Immunization programs)
Josephina Elliot	Stacy Vue (MSSP)
Jaana Elina (Agency on Aging-Area 4- ADRC)	Jamie Wall (A Place for Mom)
Douglas Grim (Yolo Co.)	Carolynn Washington (HICAP)
Evelyn Juarez	Meredith Wylie (Welcome Homecare)
Tracy Keenan (Yolo Hospice-Citizens who Care)	Liz Yeh (senior advocate)
Pedro Maturana (Coop Homecare)	
Ella Manashil (Yolo Food Bank-Eat Home Yolo)	<u>YHAA Staff</u>
Hope Medina (UCD Veteran Services),	Sheila Allen, staff (Executive Director, YHAA)
Amy Meier (Yolo Cares-Galileo Place ADP)	Nancy Gifford, staff (Case Manager, YHAA)
Alysa Meyer (Legal Services of Northern CA)	Maria Solorio Lopez (UCD MPH intern, YHAA)
Michelle Nevins (Del Oro Caregiver Resource)	Cris Ramos staff (Outreach Worker, YHAA)
Christine Prater (City of West Sacramento Active Aging)	
Monique Preciado (Yolo 211)	
Genevieve Pyeatte (Yolo Food Bank)	

- 5). **COVID update, boosters and outreach to Yolo Older Adults SEND DATA ON OLDER ADULTS**
- 6). **Aging and Disability Resource Connection update** (Anson Houghton-AAA4, RIL, Sheila Allen-YHAA)
- 7). **Provider spotlight: New/Updated Programs** none
- 8). **Round table discussion from participants**-updates on programs and services from members (all)

**IHSS (Joy Ramos) In Health and Human Services, elderly, disabled and dependent children.** Must have MediCal in place to start services. Provide bathing, cleaning, assistance with medical visits. To find a provider contact the Yolo Co. Public Authority at 530-661-2955. Doing lots of training with lots of new providers.

**Adult Insurance Solutions (Pamala Smith) Independent licensed insurance agent. Assists her people. Well Care if this year-at Woodland Memorial they were over charged.** Now licensed in 11 states- helping lots of people who are moving out of state.

**Home and Healthcare Management (Jennifer Griffith)** Have contract with state to provide Community Transitions from SNF. Also implements the Assisted Living Waiver (not in Yolo County-people in Yolo have to move to receive this service)

**Yolo Immunization (Lupita Vital)** provide clinics to the public Thurs. and Fridays 3-6pm no insurance or residency needed, locations change. 6 months and older. Not offering Moderna for 6-8 years. Pfizer and baby Moderna, no non-MRNA on hand. Have Monkey Pox on hand but not much. One confirmed case so far. Referring to Sacramento Co. for these vaccines or Kaiser if you are a patient. Sac LGBT center. Flu clinic start Tues. Sept. 20.

**Yolo Emergency Medical Services and Emergency Preparedness not present (Douglas Grim is new Kristin Weivoda)** Doug is the new administrator. Over sees paramedics, EMTs, hospital ER rooms, fire. Disaster planning for all parts of the system (SNF, hospitals). Healthcare Preparedness Coalitions (still led by Susan Hensley)-now going back to monthly meetings 3<sup>rd</sup> Thurs. each month 9-11am, currently virtual, once per quarter hybrid. Looking to include assisted living facilities. Training for law enforcement. Monitoring closely-high transmission rate. Monkey Pox-none currently in Yolo County but identified in CA.

#### **Yolo Adult Day Health Care**

**Yolo Cares (formerly Yolo Hospice) (Tracy Keenan)** Hospice and Palliative Care in Yolo and surrounding care. Friendly volunteer visitors (formerly Citizens who Care) 60 years and older for socialization still accepting. Senior Peer Companion Program for isolated for persons going through a change, loss etc. looking for volunteers and accepting referrals. , Saturday Club is open-every other Saturday, . is opening day for Adult Day Program, Amy Meier, program director. Senior Peer Counselor volunteers (55 yrs or older) support for persons for transitions in life.

**Yolo 211 (Monique Preciado) Free 24/7 phone service for health and human services. Added 88 programs in the last month. CA Dept. of Veterans Affairs Caregiver support. Senior Care placement services. Get Set Up through AAA4-free peer taught virtual programs for older adults.** Launched PSPS Power Safety Power shut off care coordination-help before (planning, registration for alerts), during (accessible transportation, food vouchers, etc.), and after (preparing for next emergency). No home visits. Over the phone. 24/7 health and human service connection.

**Yolo Food Bank (Genevieve Pyeatt/Ella Manashil)** Genevieve-submitted a grant through Dignity YHAA and MOW. Working to make sure food resources are more coordinated. New county funding released to work together for this also. Launch countywide survey regarding food access. To every address in Yolo County in Sept. Doing more customization for Eat Home Yolo. Revising nutrition policies to assure the food is easy to open, eat and prepare. YHAA has been going at the same time

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**as the food distribution in the rural areas to provide information and services and to help to distribute the food. We are getting people to call in for YHAA as a result. “Eat Home Yolo”**

Coordinator. Several food distribution programs. Seniors, disabled and home bound people-those that struggle to get to public distribution. Home delivered every other week shelf stable and box of fruit/veggies. Phone application. Distribution at low income senior housing communities (not opening any new distributions). Hired new director of programs-Genevieve Pyeatte.

**Health Insurance Counseling and Advocacy Program-HICAP (Carolyn Washington) Will have 4 new counselors soon. Re-opened some in person counseling serves. A number of changes for Medicare so more people will need assistance.** Site opening up but not quite yet. Hopefully next meeting. West Sacramento will be first. Training some Communicare people to become counselors. Slowly getting back. Oct. open enrollment.

**Del Oro Caregiver Resource Center (Michelle Nevins) Respite Care has contract with AAA4 in place so can allocate respite dollars. Contracting with Galileo Place for respite. Cautious with in person education. Family caregiver education is still primarily online. Governor with May revise. Wanted to move from Health Care Agency to Dept. on Aging.** Support for caregivers of persons with cognitive impairment of any age and caregivers of persons over the age of 60 regardless of diagnosis that need help with 2 or more ADLs. Caregiver must live with the care receiver.

**UCD Veteran Success Center (Hope Medina)** New to her position. Appreciate finding out about resources. Veterans and their dependents. Jonathan Ramer is the new Veterans Services Coordinator.

**Alzheimer’s Association (Denise Davis) Alzheimer’s and all types of dementia-support and care of persons with the diagnosis and family members and research. Some in person education programs slowly. Woodland support group is still virtual facilitated through Yolo ADHC (Catherine). 2<sup>nd</sup> Tuesday each month 5:30-7p. Working with Woodland Commu24/7** Phone number: [1 \(800\) 272-3900](tel:18002723900) Going back to in person next week. Will be continuing some virtual presentations. Early stage support groups. Now virtual but looking into in person. This Thurs. virtual legal and financial planning program.

**NAMI (Jen Danzer) Support groups, education classes for those living with a mental health condition for those caring for and family members of persons with mental health. And advocacy. All are free of charge. One meets in person, rest in person. Once a week in Davis in person.**

**[Friends@yolonami.org](mailto:Friends@yolonami.org) Planning for Mental Health Awareness Oct. Interfaith Prayer at noon, virtual presentations in Spanish and English. Thurs. evening-rally for recovery in Woodland Oct. 6, 5:30.** June first Wed. via Zoom-homeless services team presenting on impact on mental health and board members talking about advocacy-register at website. This Thursday new program FaithNet (non-denominational) presentation on mental health on how to address stigma.

**Davis Village Network (Leilani Buddenhagen/Binuta Sudhakaran)** small group of founders building community on the Village Model, membership based non-residential community network, mutual aide for older adults. Starting in Davis but looking to expand countywide.

**Yolo County Library (Joan Tuss)** Memory kits at library-DVD old time movies with CD player, conversation cards, games, conversation picture. Available for check out. Home delivered books still available.

**Yolo Meals on Wheels (Joy Cohan)** Meal delivery to Dunnigan starting tomorrow. Once a week of 5 frozen meals that were freshly prepared. Will be doing this soon also in Clarksburg. Also looking

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**to do this in Capay Valley Now 530 seniors receiving meals. Moving toward Operation. New engagement manager for fundraising, and new Americorp VIP worker also. Building Volunteer program.**

**West Sacramento Active Aging (Christine Prater)** M-F 9am-3pm West SAcr 50 years plus classes fitness, knitting collective for agencies for those in need, resource and referrals (hired Senta Lee), seniors pay \$5 per year.

**District Attorney Elder Abuse Prevention Program (Cathy Schreiner) contact for DA Victim Services in place of Lindsey Hall.**

**Yolo Ombudsman (Randy Dinning)** Respond to complaints from residents and family members of long term care such as assisted living and skilled nursing. Randy is working on preventive projects identify vulnerable populations. TBI- to bring resources to them.

**California Phones (Victoria Harling)** transition to new name "CA Connect" will include deaf and hard of hearing services. Services, accessories for anyone needing help with using a phone, no income, insurance or age requirements.

**MSSP (Stacy Vue)** Case management to seniors 65+ on MediCal. Waitlist is a month. New Social workers. Started home visits.

**Rise Inc. (Tic) Health and Community Center** completed by next early summer Medical, Dental, community room. Any organization can have a space in this building. Every one welcome to provide services. RISE Esparto Collaborative in person for organizations. This Friday-9am. A new senior coordinator Tues and Thurs. Senior Rec program, Tina Ninges for 30 hours per week. Open House to welcome her on Aug. 29 at 4:30.

**Legal Services of Northern CA (Alysa Meyer)** Free legal assistance, about 70% are housing. Every other Thurs. Know your rights, every other week consumer financial education. Citizenship info at Knights Landing (in person). Get these fliers. Estate planning. Back to outreach in community. In person Tues and Thur. Back to West Sac and Knights Landing.

**Coop Homecare (Pedro Maturana)** member owners of non-medical home care agency. Have more providers and looking for people to care for. Looking for new providers \$17 per hour and be a co-owner.

**WeCare4Yolo (Independently locally owned and operated)** looking for caregiver

**Galileo Place (Yolo Cares) (Amy Meier)** Up and running and enrolling people and offering tours. Fun, entertaining activities for persons with Alzheimer's and other dementias. COVID testing every morning. Scholarships available if make less than \$50,000. Caregiving education every month. Offer 9a-3p \$90 Early bird. \$15, Happy Hour

**Adult Protective Services (Josephina Elliot) dependent adults and older adults. 3 new social workers. Have had a huge increase as seniors now defined as 60 years. (was 65) many of these are homeless and have substance issues.**

**IHSS- (Joy and Rene Sosa-Galile) increase in applicants for IHSS probably related to covid. MediCal expansion also has more application. Can IHSS come into the facility to set up services before discharge? Yes possible-need to know where they will be living as that can impact services.**

**Welcome Homecare (Meridith Wylie) private home care caregivers and CNA in facilities and in home.**

**AAA4 ipad program 60 years and older and not have a tablet-surveys at start and end related to social isolation. Monthly newsletter-send this link out.**

**9). Update on Yolo Healthy Aging Alliance activities (Bob Ekstrom)**

New Executive Director-Bob Ekstrom, New Program Director-Liz Romero formerly of Yolo Cares, new Americorp Office at Empower Yolo in Woodland.

**a. Phone Friends program- <https://www.yolohealthyaging.org/phone-friend-forms>**

**b. ADRC COVID outreach grant**

**c. YHAA Mobile Meals for Healthy Aging and Rural Food Truck**

**d. Emergency Preparedness**

**e. Case management through Yolo ADRC**

**f. Intergenerational Digital Divide**

**g. Grab Bar Program**

**h. . Yolo Healthy Aging Alliance Advocacy Committee meets first Thurs. each month, 10am-noon via Zoom <https://www.yolohealthyaging.org/advocacy>**

**10). Future agenda items**

**The Davis Village Movement**

**11). Announcements**

**12). Next meeting, Monday, September 26, 8:30-11:30 YHAA Annual Cross Training-in person at Woodland Community and Senior Center**