



The Unified Voice for Older Adults in Yolo County

Collaboration, Coordination, Information & Assistance Committee

MINUTES

Monday, March 28, 2022, 9:00AM-11:00AM, via Zoom

PRESENT:

Ozmar Aburto (Communicare Health Centers)	Ana Mejia (Yolo DA Victim Services)
Jesus Aguilera (Dignity Clinic Care Coordinator)	Amy Meier (Galileo Place-Yolo Cares)
Tasha Aje’Scott (Yolo Co. Housing Authority)	Michelle Nevins (Del Oro Caregiver Resource)
Raquel Alto (Pointer Study)	Monique Preciado (Yolo 211)
Craig Blomberg (Sutter Davis Case Management)	Michelle Prenez (Iris Health)
Jen Boschee-Danzer (Yolo NAMI)	Laura Prosser-Horch (Yolo APS)
Joy Cohan (Yolo Meals on Wheels)	Liz Romero (Yolo Cares)
Sarah Cross (Welcome Home Care)	Collette Rice (Yolo Cares)
Denise Davis (Alzheimer’s Association)	Sarina Rodriguez (Center for Regional Change)
Randy Dinning (Yolo Ombudsman)	Alexa Torres (Yolo Meals on Wheels)
Charlotte Dorsey (senior advocate)	Sal Torres (Yolo Veteran Services)
Daniella Duran-Aria (NVIH)	Cindi Unger (ApexCare)
Bambi Eagle (Northern Valley Indian Health)	Kelli Villeneuve (WeCare4Yolo)
Jaana Elina (Agency on Aging-Area 4- ADRC)	Loran Vetter (St. Resource)
Josephia Elliot (Yolo Adult Protective Services)	Stacy Vue (MSSP)
Mark Fink (Yolo Co. Library)	Carolynn Washington (HICAP)
Hans Greenwald (Resources for Independent Living)	Heyley Wiley
Jessica Gorjkovich (Yolo Public Guardian)	Liz Yeh (senior advocate)
Lindsey Hall (Yolo DA Elder Protection Unit)	YHAA Staff
Victoria Harling (CA Phones)	Sheila Allen, staff (Executive Director, YHAA)
Emily Jacob (Yolo Adult Day Health Center)	Julie Langston, staff (Program Coordinator, YHAA)
Joan Jarvis (Davis Village Movement)	Nancy Gifford, staff (Case Manager, YHAA)
Tracy Keenan (Yolo Hospice-Citizens who Care)	Alex Asera (UCD MPH intern, YHAA)
Ella Manashil (Yolo Food Bank-Eat Home Yolo)	47 people on Zoom

1). Introductions and announcements (Sheila Allen) YHAA Annual Fundraiser is this Sunday, April 3 in the outside garden of the new Adult Day Program, Galileo Place, a program of Yolo Cares (formerly Yolo Hospice). Doors open at 5pm-7pm.

2). Accept Minutes 1/24/22 meeting MOTION: Move to accept. Moved by Cindi Unger, Denise Davies, passed.

3). Update on Yolo Healthy Aging Alliance activities (Sheila Allen)

- a. Phone Friends program- <https://www.yolohealthyaging.org/phone-friend-forms>
- b. ADRC COVID outreach grant
- c. YHAA Mobile Meals for Healthy Aging
- d. Emergency Preparedness

- e. Case management through Yolo ADRC – call for flyers
- f. Intergenerational Digital Divide
- g. Grab Bar Program-send flyer
- h. . Yolo Healthy Aging Alliance Advocacy Committee meets first Thurs. each month, 10am-noon via Zoom <https://www.yolohealthyaging.org/advocacy>
- i. The Big Day of Giving, May 5
- j. Annual Fundraiser, April 3,

4). COVID update, boosters and outreach to Yolo Older Adults (Julie Langston)

5). Aging and Disability Resource Connection update (Anson Houghton-AAA4, April Dawson-RIL, Sheila Allen-YHAA)

6). Provider spotlight: New/Updated Programs

7). Round table discussion from participants-updates on programs and services from members (all)

Yolo Adult Day Health Care (Emily Jacob) Reopening fully on Friday! Taking COVID precautions, masks are required. Voucher for Yolo Special Bus over the age of 60. 23 voucher every few month per mon. Must be already approved for Yolo Bus Special.

Yolo Cares (formerly Yolo Hospice) (Tracy Keenan) Officially named Yolo Cares now which incorporates hospice and palliative care (dementia, Parkinson, etc.). The Citizens who Cares volunteer and home visitation program is now a part of the palliative care program. Currently doing prescreening before in-person visits. In need of volunteers for Senior Peer Counseling Program. New brochures being printed with new name and program structure. **Amy Meier** (new director for Galileo Place Adult Day Program) reports there is no concrete open day yet. Will begin with Saturday Club for caregiver respite.

Yolo 211 (Monique Preciado) Call for information and phone numbers. Assisting with connection to COVID vaccines and testing and where to shelter for inclement weather. **FOLLOW UP:** Craig Blomberg reports it took a long time to get through. Request that they have access to current emergency shelter information.

Yolo Food Bank (Ella Manashil) “Eat Home Yolo” serves older adults and persons with disabilities, homebound and low income. Home delivered food ingredient program for those with limited mobility and transportation issues so that they can’t get to Foo Bank distribution locations. Call office to enroll in this program. Also pop up locations throughout Yolo County. Can send out Collaboration Committee fliers through program.

Yolo Meals on Wheels (Joy Cohan) “Operation Accelerate” being implemented to serve more seniors to double number of people serve. Serving 380 persons-5 meals a week with 3 deliveries. Weekend food project for very low income seniors which provides groceries through Door Dash (Project Dash for free). Now providing alternative frozen veggie meal option to address cultural, religious or menu issues). Yolo Adult Day Health-possibly providing their meals later Spring. Reaching out to RISE. Need to expand the staff and volunteers first. Currently they do not serve Dunnigan. No waitlist and taking new referrals. Recruiting deputy director, volunteer coordination, and marketing director. Still

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Supervisor Jim Provenza, Chair - Sheila Allen, Executive Director

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planning Congregate Meal program for when able to re-start to make more interesting. Have English and Spanish information and flyers. Expanding to include Russian. Looking for more kitchen space.

Yolo County Veteran Services (Sal Torres) Now located at the Bauer Building by appointment only. Using COVID restrictions. Restarted transportation program to McClellan and Mather health facilities. Re-starting their outreach including Davis and West Sacramento senior centers.

Health Insurance Counseling and Advocacy Program-HICAP (Carolynn Washington) Sites are now opening. Counseling sessions are 1-1.5 hours depending on need. Partnering at outreach locations to re-start in person counseling. Partnership with Communicare and Chapa de. Medicare Advantage open enrollment have until March 31. Media campaign during the pandemic. Looking for opportunities for outreach. Telehealth has been an issue. NOTE: System issue identified: providers not taking new clients. Internal Medicare Advantage Program participants only being accepted at Sutter and Dignity. All non-system or classic Medicare are being referred to Communicare.

Resources for Independent Living (Hans Greenwald/Emily Miyaoka) Core services for persons living with disabilities, independent living skills. Getting more online workshops up and running. Examples: Budgeting and credit scores, smart phone use.

Ombudsman Program (Randy Dinning) Program is changing. Historically used volunteers that responded to complaints. Now being more pro-active. Have ability to go into facilities and work with them to improve their care. Blanca Castro new State Ombudsman. Working on Culture Change.

Galileo Place (Amy Meier) New Adult Day Care program in Davis at Yolo Cares site with 5000 sq. feet, meeting rooms, entertainment area, library, art room, healing garden. Plan to open soon but waiting for background checks for staff from the state. Offering tours. Starting with Saturday Club in April which will be 10am-3pm cost \$50 per session. Will expand to Monday through Friday a month or 2 later.

Yolo Cares (Collette Rice) Institutional grant officer-hoping to create collaborative partnerships with YHAA and its partners. Funders love partnerships. Bereavement program, center for caregiver support, etc. Looking for opportunities to collaborate. **Liz Romero** announced Yolo Cares is sponsoring a conference "Essential Care", Sac State University, has fliers to share and includes featured speakers.

California Phone (Victoria Harling) free specialized communication devices-phones, smart phone training.

Del Oro Caregiver Resource Center (Michelle Nevins) Completed a move in same complex to house full staff. Will begin some community programs. Have educational events in coming months still virtual but will be moving to in person. Have some openings.

Iris Health (Michelle Prenez) primary care in home and senior facilities. Currently working on mobile medical station assistance at facilities.

ApexCare (Cindi Unger) hoping to do a brain booster series in Davis in the spring.

Alzheimer's Association (Denise Davis) Great turnout for Latino outreach last week with YHAA intern. Collaboration with Yolo Co. D. A. office workshop for 10 signs and avoiding scams. Accelerating global research, early detection and care and support systems for families and persons with Alzheimer's and dementia. 24/7 Phone number: [1 \(800\) 272-3900](tel:18002723900) Caregiver support program by Yolo ADHC, California state conference March 3-4.

POINTER Study (Raquel Alto) National Study in 5 sites including Yolo/Sacramento to recruit 60-79 yr. olds into a study for self-guided or team interventions to prevent or slow dementia. Change eating and exercise habits. Engaging Spanish speaking communities. Small compensation and access to health professionals. Does the study facilitate transportation? Check if could do remote.

Northern Valley Indian Health Center (Bambi Eagle) Health Fair April 9 at Woodland Clinic. 1280 East Gibson in Woodland. Their new clinic in Woodland includes primary care, Behavioral Health, Pain Management and a Dental Clinic.

NAMI (Jen Danzer) Successful event "Celebrate Hope and Resilience". Survey for senior caregivers caring for their people caring for their adult children with mental illness.

Welcome Home Care (Sarah Cross) Personalized home care agency that has expanded to Yolo Co. Assistance with ADL and IADL. Working with assisted and skilled nursing for supplemental staffing needs. Office in Sacramento and Vacaville, expanding.

Communicare Health Centers (Ozmar Abuto) Health centers in West Sacramento, Davis and Woodland. Provide primary care, behavioral health and dental, substance use treatment. Garden in Woodland for nutrition education. Still vaccinating patients. Have clinics every day. Trying to reach all clients that are not vaccinated and boosted. Taking services to migrant centers when they open. Supervising promotoras to get out into the community. Focusing on MediCal expansion that are eligible as of May. Requirement for 50 and older-no longer ask about immigration status. Next month going to migrant center with mobile medicine team (including a behavioral health provider and a promotoras). Craig says that most systems are not accepting straight fee-for-service Medicare (not managed). LSNC has information on MediCal changes. **FOLLOW UP:** get this information for the group.

UCD Program (Sarina Rodriguez) Community engagement research from Center for Regional Change.

Sutter Hospital Nurse Care Manager (Craig Blomberg) Telehealth has been a success. Concern that the national public health emergency ends April 16 which will significantly constrain this. **FOLLOW UP FOR ADVOCACY.** Mobile Medicine- Sutter and Dignity are partners with Communicare to get out in the community including Migrant Centers. Pandemic is not over-focus has changed although things are much better for capacity at hospital.

Dignity Health Woodland Clinics (Jesus Aguilera) Seeing patients at home who need this including West Sac., Woodland and Davis. Mobile medicine is for post hospital patients. There is a referral form.

Yolo Co. District Attorney-Elder Protection Unit (Lindsey Hall) Upcoming event with Alzheimer's Association, Shred Event on May 6, 9am-1pm, Umqua Bank in Woodland.

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Agency on Aging-Area 4 (Jaana Elina) Person Center Counseling as a part of the Yolo Aging and Disability Resource Connection. Receive calls for those with complex needs and connect to needed services. In house services-monthly newsletter with all of their in house programs including health promotion classes. All are free and no income eligibility. Have classes through GetSetUp also for free classes. Have over 200 ipads left for distribution. We still do not know if they can keep the ipad. Part of a study from USC. PG&E have VISA and Walmart gift cards.

WeCare4Yolo (Kelli) independent home care agency for ADL and IADL assistance.

MSSP (Stacy Vue) No waitlist in Yolo. Starting in April will resume home visits.

St. Luke's Resource Navigators (Loran Vetter) there is a Senior Resource Fair on May 26. 9am-noon sponsored by Woodland Senior Fair. Contact Dallas Tringali.

Davis Village Network (Joan Jarvis) create organization of neighbors helping neighbors for older adults in the community. Seeking people to join the development team.

8). Future agenda items-Davis Village Movement, Results of YHAA Intern study of Latinx needs and issues related to Alzheimer's and Dementia

9). Announcements

10). Next meeting, Monday, May 23, 9am-11am, via Zoom