



The Unified Voice for Older Adults in Yolo County

Collaboration, Coordination, Information & Assistance Committee

MINUTES

Monday, May 23, 2022, 9:00AM-11:00AM, via Zoom

PRESENT:

Ozmar Aburto (Communicare Health Centers)	Michelle Nevins (Del Oro Caregiver Resource)
Douglas Brim (Yolo EMS and Emergency Prep),	Monique Preciado (Yolo 211)
Craig Blomberg (Sutter Davis Case Management)	Joy Ramos (Yolo In Home Supportive Services)
Leilani Buddehagen (The Village-Davis)	Pamela Smith (Insurance Solutions)
Joy Cohan (Yolo Meals on Wheels)	John Tan (HICAP)
Sarah Cross (Welcome Home Care)	Alexa Torres (Yolo Meals on Wheels)
Jen Danzer (NAMI Yolo)	Joan Tuss (Yolo Co. library)
Denise Davis (Alzheimer's Association)	Cindi Unger (Eldercare Management)
David Diaz (Yolo Cares)	Kelli Villeneuve (WeCare4Yolo)
Randy Dinning (Yolo Ombudsman)	Stacy Vue (MSSP)
Charlotte Dorsey (senior advocate)	Carolynn Washington (HICAP)
Daniella Duran (NVIH)	Alexandra Weisgerber (Alzheimer's Assoc.)
Jaana Elina (Agency on Aging-Area 4- ADRC)	Liz Yeh (senior advocate)
Jennifer Griffith (Homehealth Care Management)	
Alma Guzman (Woodland Healthcare care manager)	YHAA Staff
Lindsey Hall (Yolo DA Elder Protection Unit)	Sheila Allen, staff (Executive Director, YHAA)
Anson Houghton (AAA4)	Nancy Gifford, staff (Case Manager, YHAA)
Emily Jacob (Yolo Adult Day Health Center)	Alex Asera (UCD MPH intern, YHAA)
Debbie Kay (Apex Care-Yolo and Solano)	31 people on Zoom
Tracy Keenan (Yolo Hospice-Citizens who Care)	
Samar Lichtenstein (Yolo Co. Health Equity team)	
Ella Manashil (Yolo Food Bank-Eat Home Yolo)	

1). Introductions and announcements (Sheila Allen)

2). Accept Minutes 3/28/22 meeting MOTION: Moved by Cindi Unger, Craig Blomberg 2nd, passed.

3). Yolo Latino Needs and Gaps in Service related to Alzheimer's and Dementia (Alex Asara, YHAA Intern, UCD MPH Program) (See powerpoint) In collaboration with the Alzheimer's Assoc. Alex led a focus group in Spanish to assess needs, knowledge, attitudes and gaps in service in Yolo County related to Alzheimer's and dementia. Alex presented the findings to the committee.

Recommendations and Input

- Community Health Worker/promotoras need education in addition to primary care providers. **FOLLOW UP:** Reach out to UCD to discuss restarting the primary care provider education program.
- Federal budget ask for education of providers and education to public in Spanish. **FOLLOW UP:** Refer to advocacy.

- There is a billing code for Alzheimer's Education for primary care providers. They need to know about this and use it. Annual screening is also paid for through Medicare for those over the age of 65.
- Reach out to Community Health Workers to educate them using skillful conversations.
- DMV has a senior ombudsman to evaluate for when it is appropriate to revoke license.

4). **Assessing the Mental Health Needs of Older Adults in Yolo County** (Jorge Hurado, YHAA Intern, UCD MPH Program) deferred to Aging Commission next month.

5). **COVID update, boosters and outreach to Yolo Older Adults** We are seeing case numbers rising but very low COVID hospitalization rates. Difficult to track the numbers now that most people do rapid testing at home, which is not reported. Even if person reports rapid positive it is not counted without a PCR confirmation. New round of free test kits available for public through federal government. YHAA also has rapid tests for distribution. Persons 50+ and with certain diagnosis are eligible for a 2nd booster. YHAA continues to educate public on keeping safe and connecting to boosters.

6). **Aging and Disability Resource Connection update** (Anson Houghton-AAA4, April Dawson-RIL, Sheila Allen-YHAA) Anson provided a brief training to the providers present on the services provided by the Yolo ADRC including Enhanced Information and Assistance, Case Management, Options Counseling, and Transition Services from skilled nursing or hospital. Yolo ADRC phone number: 530-248-2421.

7). **Provider spotlight: New/Updated Programs**

Elder Care Management (Cindi Royval Unger) Private care management program. Cindi has a new position providing care management and assisting patients and families with their needs. Cindi covers Yolo County. Fee for service. Plans future Brain Booster classes. Apex Care owns Elder Care Management but it is independent and separate.

8). **Round table discussion from participants**-updates on programs and services from members (all)

IHSS (Joy Ramos) Must have MediCal in place to start services. Provide bathing, cleaning, assistance with medical visits. To find a provider contact the Yolo Co. Public Authority at 530-661-2955

Adult Insurance Solutions (Pamala Smith) Now licensed in 11 states-helping lots of people who are moving out of state.

Home and Healthcare Management (Jennifer Griffith) Have contract with state to provide Community Transitions from SNF. Also implements the Assisted Living Waiver (not in Yolo County-people in Yolo have to move to receive this service)

Yolo Emergency Medical Services and Emergency Preparedness (Douglas Brim) Doug is the new administrator. Over sees paramedics, EMTs, hospital ER rooms, fire. Disaster planning for all parts of the system (SNF, hospitals). Healthcare Preparedness Coalitions (still led by Susan Hensley)-now going back to monthly meetings 3rd Thurs. each month 9-11am, currently virtual, once per quarter hybrid. Looking to include assisted living facilities. Training for law enforcement. Monitoring closely-high transmission rate. Monkey Pox-none currently in Yolo County but identified in CA.

Yolo Adult Day Health Care (Emily Jacob) Open for in-person services – still require masks. Still hopeful that expansion at St. John's will occur by this fall. Transportation voucher program-sign people up over the phone and then vouchers for Yolo Bus system are mailed to them.

- Yolo Cares (formerly Yolo Hospice) (Tracy Keenan/David Diaz)** Hospice and Palliative Care in Yolo and surrounding care. Quintessential Care Summit-end of life care-with 15 experts-CE for RNs June 24 – buy 2 get one free tickets-lunch, parking and presentations. Friendly volunteer visitors (formerly Citizens who Care), Saturday Club is open. June 13 is opening day for Adult Day Program, Amy Meier, program director. Senior Peer Counselor volunteers (55 yrs or older) support for persons for transitions in life.
- Yolo 211 (Monique Preciado)** Launched PSPS Power Safety Power shut off care coordination-help before (planning, registration for alerts), during (accessible transportation, food vouchers, etc.), and after (preparing for next emergency). No home visits. Over the phone. 24/7 health and human service connection.
- Yolo Food Bank (Ella Manashil)** “Eat Home Yolo” Coordinator. Several food distribution programs. Seniors, disabled and home bound people-those that struggle to get to public distribution. Home delivered every other week shelf stable and box of fruit/veggies. Phone application. Distribution at low income senior housing communities (not opening any new distributions). Hired new director of programs-Genevieve Pyeatte.
- Yolo Meals on Wheels (Joy Cohan)** 450 recipients (20% increase since Jan.) actively to engage more people in more place. Has flyer in English, Spanish and Russian distributed to YHAA for food truck and Food Bank. Very early stages of figuring out re-starting congregate meals. Beginning once a week starting in July in Woodland. Capacity building. Routes are filling up. Looking for additional volunteers.
- Health Insurance Counseling and Advocacy Program-HICAP (John Tan)** Site opening up but not quite yet. Hopefully next meeting. West Sacramento will be first. Training some Communicare people to become counselors. Slowly getting back. Oct. open enrollment.
- Del Oro Caregiver Resource Center (Michelle Nevins)** Support for caregivers of persons with cognitive impairment of any age and caregivers of persons over the age of 60 regardless of diagnosis that need help with 2 or more ADLs. Caregiver must live with the care receiver.
- ApexCare (Debbie Kay)** currently no minimum number of days or hours. Some agencies do have minimum. There are many people “in the gap” to be able to afford in home care and not eligible for IHSS.
- Alzheimer’s Association (Denise Davis/Alex Weisgerber)** 24/7 Phone number: [1 \(800\) 272-3900](tel:18002723900) Going back to in person next week. Will be continuing some virtual presentations. Early stage support groups. Now virtual but looking into in person. This Thurs. virtual legal and financial planning program.
- Northern Valley Indian Health Center (Daniella Duran)** had a health fair on Saturday. Woodland-Gibson location has behavioral health and medical while dental clinic on Court St.
- NAMI (Jen Danzer)** June first Wed. via Zoom-homeless services team presenting on impact on mental health and board members talking about advocacy-register at website. This Thursday new program FaithNet (non-denominational) presentation on mental health on how to address stigma.
- Communicare Health Centers (Ozmar Abuto)** Dental, mental health and primary care at Hanson clinic in Woodland. MediCal or uninsured. Going out to migrant centers-mobile medicine.
- Dignity Health Woodland Clinics (Alma Guzman)** Navigator, resources and support to Woodland/Dignity Health patients utilizing nurses, social workers and LVNs for whatever the patients need.
- Davis Village Network (Leilani Buddenhagen/Binuta Sudhakaran)** small group of founders building community on the Village Model, membership based non-residential community network, mutual aide for older adults. Starting in Davis but looking to expand countywide.

Yolo County Library (Joan Tuss) Memory kits at library-DVD old time movies with CD player, conversation cards, games, conversation picture. Available for check out. Home delivered books still available.

9). Update on Yolo Healthy Aging Alliance activities (Sheila Allen)

a. Phone Friends program- <https://www.yolohealthyaging.org/phone-friend-forms>

b. ADRC COVID outreach grant

c. YHAA Mobile Meals for Healthy Aging

d. Emergency Preparedness

e. Case management through Yolo ADRC

f. Intergenerational Digital Divide

g. Grab Bar Program

h. . Yolo Healthy Aging Alliance Advocacy Committee meets first Thurs. each month, 10am-noon via Zoom <https://www.yolohealthyaging.org/advocacy>

10) Next meeting, Monday, August 22, 9am, via Zoom. Annual Cross Training planning in person at Woodland Community and Senior Center, Monday, September 26, 8:30am.