

The Unified Voice for Older Adults in Yolo County

Collaboration, Coordination, Information & Assistance Committee

MINUTES Monday, August 23, 2021, 9:00AM-11:00AM, via Zoom

PRESENT:

Jesus Aguilera (Woodland Clinic care manager)	Melinda Meeken (Yolo Adult Protective Services)
Isaac Blackstock (Yolo County Housing)	Arzoo Mojadedi (Northern Valley Indian Health)
Brandi Bluell (Resources for Independent Living-RIL)	Michelle Nevins (Del Oro Caregiver Resource Center)
Dana Carey (Yolo Co. Office of Emergency Services)	Dominic Nicoletti (Co-op Home Care)
Beth Conn-Ossenfort (Yolo Adult Day Health Center)	Alma Guzman Oliva (Woodland Clinic care manager)
Denise Davis (Alzheimer's Assoc.)	Aliya Patel (Yolo Hospice Rural Research Project)
Randy Dinning (Yolo Ombudsman)	Saritha Prater (Covenant Care-Courtyard Healthcare)
Jaana Elina (AAA4 Person Centered Counselor)	Monique Preciado (Yolo 211)
Josephia Elliot (Yolo Adult Protective Services)	Norriell Richards (Yolo Cares-Senior Peer Counseling)
Mark Fink (Yolo Co. Library)	John Tan (HICAP)
Rene Galindo (In Home Supportive Services-IHSS)	Salvador Torres (Yolo Co. Veterans program)
Tawsha Gaytan (The Californian)	Cindi Unger (ApexCare)
Jessica Gorjkovich (Yolo Public Guardian)	Loran Vetter (St. Luke's Comm. Resource Navigators)
Victoria Harling (CA Phones)	Lupita Vital (Yolo Co. Immunization program)
Emily Jacob (Yolo Adult Day Health Center)	Carolynn Washington (HICAP)
Brandy Jones (Yolo Hospice-Rural Research Project)	Kristen Weivoda (Yolo Emergency Medical Services)
Tracy Keenan (Yolo Hospice-Citizens who Care)	Elizabeth Yeh (senior advocate)
Ricardo Lopez (Yolo Co. Children's Alliance)	Sheila Allen, staff (Executive Director, YHAA)
Ella Manashil (Yolo Food Bank-Eat Home Yolo)	(43 people present)
Pauline Martinez (UCD-Healthy Davis Together)	
Pedro Matura (Co-op Homecare)	

- 1). Introductions and announcements (Sheila Allen)
- 2). Accept Minutes 6/28/21 meeting MOTION: Move acceptance of minutes. Moved by Craig Blomberg, Denise Davis 2nd, passed by acclamation.
- 3). COVID update and outreach to remaining unvaccinated 50+ (Kristen Weivoda, Yolo Co. Emergency Medical Services)
- Yolo Co. is experiencing another COVID surge, mostly among the unvaccinated. Meeting this morning with local hospital leadership, the numbers of persons admitted may be stabilizing while extremely high censuses with staffing issues. A large majority of hospitalized are unvaccinated and the remaining are mostly immunocompromised.
- County continues to try to vaccinate anywhere possible including home vaccine program. Have seen a recent surge in requests for home vaccinations over the past couple weeks going from approximately 15

requests per week to over 20 requests per day. Have extended the home vaccination program through September. Can take requests in English, Spanish and Russian (see attached flier).

This morning Pfizer received full final CDC approval. Last week, CDC approved boosters for immuno-compromised. Yolo Co. not currently providing these boosters, requesting people contact their MD. Will take on boosters when approved for the general public. Current vaccines are still very effective, boosters not yet approved for all.

Vaccine mandates-following state and federal guidance, no local requirements for now. Local businesses and organizations can require vaccines for their employees and participants. Currently state defines "health care worker" for mandated vaccination as hospital and skilled nursing staff only. Assisted living and home care have no state requirement.

Comments from participants:

- This discrepancy between health care settings makes implementation locally difficult. Hospitals report that some staff are leaving because of the vaccine requirement, adding to the staff shortages. Families don't realize that the staff at the facilities are not already fully vaccinated. Have recently seen increased cases in health care facilities.
- There is no COVID recovery location now. Would need to have 15 or more cases to open.
- Requirement again to have regular testing at all health care facilities to catch infections early. "Outbreak definition"-1 resident and 2 or more staff. None currently in Yolo Co. with this definition.
- Second shots are still needed by some providers.

4). Emergency Preparation and Emergency Power Shut Offs (Dana Carey, Yolo Co. Office of Emergency Services)

Fires-many currently in CA-Yolo Co. resources currently being used in McFarland, Dixie Fire and Caldor Fire including Yolo fire and police and UCD Vet Med. Lots of smoke in Yolo Co. We are still not out of fire season. Note that no fires of any kind allowed.

Emergency Power Shut Offs-areas are much smaller now than with original Public Safety Power Shutoffs (PSPS). For current maps see Psps.yolocounty.org.

Drought-There are wells in rural Yolo Co. going dry but so far cities are fine. Conservation of water recommended throughout Yolo County. In Oct. will hear predictions for the fall rainfall.

Comments: Brandi Bluell reports that Resources for Independent Living (RIL), a Yolo ADRC partner, has back-up batteries and funds for hotel stays for persons experiencing power shut offs. Also will assist with creation of an Emergency Prep plan ahead of time. To request these services contact RIL at 916-446-3074.

5). The Life Transition Project- a Yolo Hospice Program (Brandy Jones) (see powerpoint)

Yolo Cares (formerly Yolo Hospice) received a significant grant from Yocha Dehe tribe to study Healthcare Access and End of Life Decisions and Experiences for Native Americans and Rural Persons with a focus on the Capay Valley. To increase data, the study will include the 5 counties that Yolo Hospice covers.

Goal of study-community engagement, program development, and describe barriers to care and how to address barriers. Study runs from Jan. 2021-December 2023. Population-Native American and Rural populations. Looking for an RN case manager who is familiar with Native and rural populations.

<u>Request to Collaboration Committee</u>-Creating an Advisory Board of key community members and professionals in the field and help to get the word out. Invite to events, senior resource fairs, etc.

- 6). Provider spotlight: New/Updated Programs none
- 7). Round table discussion from participants-updates on programs and services from members (all)
- Alzheimer's Assoc. (Denise Davis) Local, regional and national support to all persons with Alzheimer's and other forms of dementia including caregiver support groups, education, advocacy. Two support groups are currently in-person but all others are remote following guidelines. Many of their people do not have access to internet for online activities. Working with The Californian and Woodland Rotary to create a local Walk to End Alzheimer's on Oct. 2.
- Adult Protective Services (APS) (Josephia Elliot/Melinda Meeken) Potentially hiring limited term case manager to help support changes for COVID. Still receiving reports must complete report and call them.
- Public Guardian (Jessica Gojkovich) Working blend of remote and in-person. Have received many referrals.
- **Yolo Hospice Programs** New corporate name to encompass all of their services: "Yolo Cares" (Hospice, Palliative and CWC). All volunteers for all programs will be called "citizens who care".

Citizens who Care (CWC) (Tracy Keenan). Still visiting and still taking referrals. Referrals accepted for persons 60 yrs. and older. Call the main number to make referral: 530-758-3704.

Yolo Cares (palliative care program) no update

Galileo Place (adult day program) Completed; opening is on pause. There is a wait list for persons interested. Saturday Club also on hold. It provides respite for 5 hours-games, on-on-one interactions with volunteers.

Senior Peer Counseling (Norriell Richards) accepting new clients and volunteers-to make referrals call the main patient access line. To make a referral for the Senior Peer Counseling Program please call 530-758-5566 If you have any questions nrichards@yolocares.org

End of Life Native and Rural Communities Projects (Brandy Jones) See presentation above.

- **Yolo Adult Day Health Care (Beth Conn-Ossenfort/Emily Jacob)** Full reopening on hold. Continuing with current services with pods of 6-8 participants in center. Continuing enrollment-waitlist in place but working through it. Expansion will be completed in about one year at a new location in Woodland. In process of selecting a name. Outside garden planning with UCD intern through YHAA. Beth Conn-Ossenfort 530-669-3700 beth.conn-ossenfort@commonspirit.org
- AAA4 Person Centered Counselors (Jaana Elina) Serves 60 years and older in Yolo and 6 other counties. Funding usual services (such as Meals on Wheels and Legal Assistance) and also direct services including care consultation program that provides ongoing support for older adults and their caregivers. Have virtual education program-"Live Strong" now; nutrition and exercise program planned in person in September. Yolo Aging and Disability Resource Center (YADRC) direct phone number and email 530-248-2421yoloadrc@agencyonaging4.org (includes RIL, AAA4 and YHAA). AAA4 Disease Prevention & Health Promotion:
 - Bingocize Brittany Lathrop (916) 710-8380 or Blathrop@agencyonaging4.org
 - Class beginning September 2021. Live Strong & Safe Fall Prevention Program Claire Klingler (916) 345-4179 or Cklingler@agencyonaging4.org
 - Diabetes Empowerment Education Program (DEEP) Julie Tharalson (916) 710-8368 or Jtharalson@agencyonaging4.org

Employment Services:

- Mature Edge Job Readiness Program Bobby Olwell (916) 710-8381 or Bolwell@agencyonaging4.org
- **Yolo 211 (Monique Preciado)** Making sure up to date on vaccination clinics, cooling centers and clean air centers. 211yolo.com to check if your information is correct or email mpreciado@211sacramento.org Have outreach material, if anyone would like any please let her know.
- **Yolo Food Bank** (**Ella Manashil**) Eat Home Yolo Program for homebound and or unable to get to the food distribution. 1-Home delivery (food boxes to the doorstep) Limited capacity program. See contact information. (has about 15 sites) 2-Onsite community food distributions at senior living, affordable housing locations. Program is new and growing and defining purpose. Identify gaps in services. 100+ food distribution locations in Yolo Co. ella@yolofoodbank.org, phone: (530) 668-0690
- **Yolo County Libraries (Mark Fink) Books by Mail program (see chat)** all are open with required masks, some curbside service. Can provide books by mail anywhere even assisted living, have large type and audio books. https://yolocountylibrary.org/books-by-mail/ No appointments for computer time. Only books by mail, not crafts.
- **Isaac Blackstock (Yolo Housing Authority)** Not quite ready to re-open computers, meeting with some people, no public meetings planned.
- **IHSS** (**Rene Galindo**) Continuing to see clients in the home. Social distancing. Referring clients and providers through HHS.
- **HICAP** (Carolyn Washington/John Tan) Calling the office is the best way to get an appointment. Oct. 15-Dec. 7 is the start of open enrollment of Medicare. Some counselors are in person but most are by phone. Review Part B plan. Tried out worksheet to complete and can do a comparison for them so do not need to make an appointment.
- **Yolo Ombudsman (Randy Dinning)** Continuing with regular testing, using PPE. Is able to get into any facility seeing people. Issue of capacity for residents it is function and situational specific.
- Veteran Services (Sal Torres) Moved to Bauer Building 137 N. Cottonwood about a week ago. Transportation is not open yet modifying vans, drivers need to be vaccinated. Not see people in-person yet not until after September 30. Start with appointment before walk in. Vaccinations to all veterans and their caregivers (see chat for appointment). Now aid and attendant can be initiative via email. VA COVID Vaccination information is on the VA website or by calling 800-698-2411. The Website is:

 https://www.va.gov/health-care/covid-19-vaccine/#who-can-now-get-a-covid-19-vac. If you are not contacted by the VA for a walk in appointment here: https://www.va.gov/health-care/covid-19-vaccine/sign-up/introduction. email request for Aid and Attendance Claim Requests or any claim questions to Salvador.torres@yolocounty.org or <a href="Mienex-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-Nienes-Repeated-
- **Sutter Davis Hospital (Craig Blomberg)** seeing more cases, younger cases (30-50 yrs.) deaths. and have seen deaths especially without vaccine. Have good handoff procedures for discharge. COVID cases are very complex. Have increased phone contact for care. High admission rates.

- Woodland Care Coordination nurses and social workers (Alma Guzman Oliva/Jesus Aguilera) this is very helpful 530-668-2610
- **Resources for Independent Living (Brandi Bluel)** PSPS, Voice Option program for speech devices-have 5 apps, get to keep the device and any other tools. Holding on coming back to the office. Their office does not receive text message.
- **Co-op Home Care (Pedro Maturana)** We are finally open. Looking for caregivers and clients. Pay up to \$17 per hour. Co-op Home Care-Pedro Maturana, Administrator (530) 746-5730 info@coophomecare.coop
- **Del Oro Caregiver Resource Center (Michelle Nevins)** Continue to provide services for family caregivers. Anticipate starting respite care next week. We are inundated with clients have so many families reaching out for support, need is high. You can refer clients directly to https://www.deloro.org/carenav our online portal if they are tech savvy. If not, our mutual referral form is great or have client call us directly. We will be adding another Family Consultant for support. Education events are at https://www.deloro.org/events.
- **ApexCare (Cindi Unger)** Apexcare is always looking for care staff, especially now during this shortage. We are happy to train the right people if they have the knack to be caregivers. Thanks in advance for referring anyone who may be a good fit. cindi@apexcare.com
- California Phones (Victoria Harling) Victoria Harling, Outreach Specialist for the California Telephone Access Program. Free specialized phones and services throughout California.

 vharling@ddtp.org 916-265-0021 www.californiaphones.org
- 7). Update on Yolo Healthy Aging Alliance activities (Sheila Allen)
 - a. Friendly caller program- https://www.yolohealthyaging.org/phone-friend-forms
 - b. California Master Plan for Aging https://www.chhs.ca.gov/home/master-plan-for-aging/ send report
 - c. Yolo Aging and Disability Resource Connection-new phone number-530-248-2421
 - **d. COVID outreach grants (Yolo County and ADRC)-**Hospitals offering vaccine depending on disease load.
 - e. Yolo Congregate Meals with Drewski's food trucks with funding from AAA4
 - f. Expansion of Yolo Adult Day Health Center
 - **g. Yolo Healthy Aging Alliance Advocacy Committee** meets first Thurs. each month, 10am-noon via Zoom https://www.yolohealthyaging.org/advocacy
 - h. YHAA Annual Fundraiser- Sunday, Sept. 12, 5p-7p, Galileo Place Healing Garden (new Adult Day Program), Davis NOTE: moved to Sunday, April 3, same time and location.
- 8). Future agenda items: ADRC presentation, Homeless services
- 9). Announcements-none
- 10). Next meetings:

Annual cross training September 27, 8:30am-11:30am via Zoom Next meeting, Monday, November 22, 2021, 9am-11am, via Zoom