

BUILD A KIT

1. BASIC KIT - survival for 1-2 weeks

- water, food (for example Meals Ready to Eat)
- manual can opener
- flashlight/batteries/crank radio
- whistle
- first aid kit
- cell phone with charger
- prescribed and over-the-counter medications, face masks
- toilet paper, menstrual and incontinent supplies
- towels, washcloths, toothbrush, toothpaste, comb
- plastic sheeting and duct tape, plastic garbage bags
- wrench or pliers (to turn off utilities)
- change of clothing, warm jacket
- paper plates, plastic utensils
- important family documents, including health related paperwork; local maps

2. GO-KIT - portable, survival for 1-3 days

- The 6 P's
 - **PHONE** with charger, phone #s
 - **PRESCRIPTIONS**, nonprescription medications, vitamins, eyeglasses, hearing aids
 - **PERSONAL COMPUTERS** (hard drives and disks) and **PERSONAL TOILETRIES**
 - **PLASTIC**, credit/ATM cards, cash, maps of the area, other documentation
 - **PHOTOS**, other irreplaceable memorabilia
 - **PERSONS/PETS** - don't forget
- Water and food for 2 days; manual can opener
- flashlight/batteries/crank radio/whistle
- first aid kit, emergency blanket

3. ANIMAL KIT - for pets

- food and water
- medicines and medical records
- collar or harness with ID tag, rabies tag and leash
- crate or pet carrier, familiar items
- sanitation bags

4. DOCUMENTATION KIT - pertinent documents

- driver's license
- passport
- social security card
- birth certificate
- marriage/divorce papers
- home titles/deeds
- car/boat/RV registration
- room by room inventory (take pictures)
- contact information (family, doctor, dentist, landlord)
- financial records (utility bills/credit card bills, bank statements, insurance policies, investment records, IRS information, pay stubs/employer benefit records, wills/trusts, financial and medical powers of attorney)
- medical records (health insurance cards, list of medications/allergies)
- computer files (back up to cloud service)

5. ADDITIONAL EMERGENCY SUPPLIES

- comfort items (deck of cards, paperback book)
- sleeping bag, warm blanket
- matches in waterproof container
- directions how to turn off water, electricity, natural gas in home
- keep gas tank in car 1/2 full; keep electric cars charged

6. MAINTAIN YOUR KIT

- Keep canned food in cool, dry place; replace if expired
- Store boxed food in tightly closed plastic/metal containers
- Rethink needs every year & update kit as family needs change
- Replace water every few months so it doesn't expire
- Use daylight savings time or your birthday as reminders to:
 - update kit;
 - check flashlight batteries
 - replace items that have expired

7. MOVING YOUR SUPPLY KIT

- Make sure you can easily move your supply kit
- Test the mobility of your basic supply kit before an emergency occurs

8. STORAGE LOCATIONS - prepare a kit for home, work, vehicles