



The Unified Voice for Older Adults in Yolo County

Collaboration, Coordination, Information & Assistance Committee

MINUTES

Monday, January 24, 2022 9:00AM-11:00AM, via Zoom

PRESENT:

Ozmar Aburto (Communicare Health Centers)	Arzoo Mojadedi (Northern Valley Indian Health)
Raquel Alto (UCD Alzheimer's Disease Center)	Monique Preciado (Yolo 211)
Sarah Cross (Welcome Home Care)	Laura Prosser-Horch (Yolo APS)
Denise Davis (Alzheimer's Association)	Liz Ramero (Yolo Hospice/Yolo Cares)
Christine Dicker (Partnership Healthplan)	Sarina Rodriguez (UCD Alz. Research)
Randy Dinning (Yolo Ombudsman)	John Tan (HICAP)
Charlotte Dorsey (senior advocate)	Jan Taylor (Comfort Keepers)
Matt Deryk (Alderson Convalescent Hospital)	Alexa Torres (Yolo Meals on Wheels)
Bambi Eagle (Northern Valley Indian Health)	Monique Preciado (Yolo 211)
Josephia Elliot (Yolo Adult Protective Services)	Cindi Unger (ApexCare)
Rene Galindo (In Home Supportive Services-IHSS)	Rosanna Vigil (Yolo Co. Public Authority)
Hans Greenwald (Resources for Independent Living)	Stacy Vue (MSSP)
Jessica Gorjkovich (Yolo Public Guardian)	Carolynn Washington (HICAP)
Victoria Harling (CA Phones)	Alexandra Weisgerber (Alzheimer's Association)
Emily Jacob (Yolo Adult Day Health Center)	Liz Yeh (senior advocate)
Tracy Keenan (Yolo Hospice-Citizens who Care)	
Omega Lee (UCD Veterans Program)	Sheila Allen, staff (Executive Director, YHAA)
Ella Manashil (Yolo Food Bank-Eat Home Yolo)	Julie Langston, staff (Program Coordinator, YHAA)
Petrea Marchand (Yolo NAMI)	Nancy Gifford, staff (Case Manager, YHAA)
Ana Mejia (Yolo DA Victim Services)	Alex Asera (UCD MPH intern, YHAA)
Oanh Meyer (UCD Alzheimer's Disease Center)	40 people on Zoom

1). Introductions and announcements Sheila Allen introduced new Yolo Healthy Aging Alliance staff: Nancy Gifford is a gerontologist serving as our case manager; Julie Langston is a nurse practitioner serving as our program manager and is currently focusing on COVID education and outreach. Our staff also includes Sarah Allen-Sutter as our digital design manager and 3 interns from the UCD Masters in Public Health program. Sheila announced that as of February 1 she will decreasing her position at YHAA to half-time and will start a new opportunity as the Deputy Supervisor for Jim Provenza initially half time until a new executive director is hired for YHAA.

2). Accept Minutes 11/22/21 meeting MOTION: Move approval of minutes. Moved by Jan Taylor, Denise Davis 2nd, passed unanimously.

3). Alzheimer's/Dementia Research in Yolo County

- a. Community Needs Assessment for Spanish Speaking Yolo residents (Alex Asera, YHAA intern)**
As a part of her MPH project, Alex will be completing a community needs assessment forum online in Spanish, to identify the needs of Latino persons in Yolo County related to Alzheimer's and dementia

resources and services. She will create a flyer that we will distribute to the group to help recruit Latino/a persons in Yolo County. In May she will present her findings to this committee. She is conducting this research with the assistance of the Alzheimer's Association.

b. National Alzheimer's research project at UCD "The POINTER study" (Oahn LeMeyer, Sarina Rodriguez)

UCD Alzheimer's Research Center was selected as one of 5 sites nationally for this clinical trial whose aim is to provide healthy interventions related to lifestyle factors such as physical activity, healthy diet, cognitive and social stimulation, regular health monitoring to assess its impact on development of dementias. This 2-year intervention will include free health monitoring, team meeting support and compensation for time. Nationally, Latinos are over represented in the percent of those with dementia and underrepresented in research so special effort is being made to recruit this population. Participant requirements are 60 years-79 years old, not regularly exercising and current normal cognition. Seeking a Yolo County co-hort.

Suggestions from committee members: reach out to Latino churches in Yolo County, provide flyers to Meals on Wheels, partner with Alzheimer's Association communication channels, post fliers in Latino grocer stores.

4). COVID update, boosters and outreach to Yolo Older Adults (Julie Langston) Yolo County and California are currently experiencing a high transmission rate with Omicron variant. The case numbers have improved from last week for the first time in the wave but are still very high. Hospitals have high number of COVID patients: 26 hospitalized with 6 unvaccinated. Yolo Co. Public Health is accepting home rapid tests as a positive result for reporting. If someone tested positive can self-report online. If through a lab or MD office they do the reporting. Isolation is now 5 days after positive test, if test negative then can go out or back to work with a well-fitting mask for the last 5 days of isolation. If positive rapid test wait for full 10 days before leaving isolation. Yolo Co. providing free rapid tests for those with a positive test within week can get a free box of rapid test (2 tests). Boosters: everyone 12 years and above are eligible for a booster.

5). Aging and Disability Resource Connection update (Anson Houghton-AAA4, April Dawson-RIL, Sheila Allen-YHAA) The Yolo ADRC partners are proud to report that the CA Dept. of Aging has accepted our application to become a fully authorized ADRC. With this comes ongoing funding for ADRC core services. The 3 partner agencies will be opening an office on Main St. in Woodland by the fall where we will receive phone calls and when COVID safe, meet individuals and families in person. To refer an older adult or person with disability to the Yolo ADRC call 530-248-2421 or Yolo 2-1-1 for a warm handoff.

6). Provider spotlight: New/Updated Programs

a. Yolo NAMI (Petrea Marchand) The Yolo Chapter of the National Alliance on Mental Illness is assessing the community's interest in starting a support group of older parents/people caring for someone experiencing mental illness. Family to Family support group already in place. End of Feb. deadline. Board president is requested help with distributing this survey to the community:

https://docs.google.com/forms/d/e/1FAIpQLSdQASIGranogKfFMaTEZRNBgURJrNuoS956iy_3IRiwG9oyNQ/viewform

Yolo Healthy Aging Alliance - The Voice for Older Adults in Yolo County
Supervisor Jim Provenza, Chair - Sheila Allen, Executive Director
600 A Street, Suite C, Davis, CA 95616 530-757-5583 www.yolohealthyaging.org

7). Round table discussion from participants-updates on programs and services from members (all)

Adult Protective Services (APS) (Josephia Elliot) Mandated reporters must complete form and follow up with a call. Community members may just call with concerns regarding adult or senior for physical or emotional. [\(888\) 675-1115](tel:8886751115)

Yolo Adult Day Health Care (Emily Jacob) Have 11-13 participants once a week. Construction starting in Feb. for new and expanded Adult Day Health Center. Hoping to open in fall.

Yolo Cares (formerly Yolo Hospice) (Tracy Keenan) Officially named Yolo Cares now which incorporates hospice and palliative care (dementia, Parkinson, etc.). The Citizens who Cares is now a part of the palliative care program. Prescreening before in-person visit. In need of volunteers for Senior Peer Counseling Program. New brochures being printed with new name and program structure. Amy Meier, new director for Galileo Place Adult Day Program. No concrete open day yet. Will begin with Saturday Club for caregiver respite.

Yolo 211 (Monique Preciado) Check your information on their website, call 211 to schedule a tax assistance program. Also assisting with connection to COVID vaccines and testing.

Yolo Food Bank (Ella Manashil) “Eat Home Yolo” serves older adults and disabled, homebound and low income. Home delivered program for those with limited mobility and transportation issues so that they can’t get to distribution locations. Call office to enroll in this program. Also pop up locations throughout Yolo County. Can send out Collaboration Committee fliers through program.

Yolo Meals on Wheels (Alexa Torres) New Executive Director is Joy Cohan. “Operation Accelerate” being implemented to serve more seniors. Need to expand the staff and volunteers firsts. Currently they do not serve Dunnigan. No waitlist and taking new referrals.

Health Insurance Counseling and Advocacy Program-HICAP (John Tan) continuing to do work by phone for Medicare and Long Term Care Insurance counseling. Replacing Yolo Co. regional coordinator. Training new core of volunteers including one Spanish speaker. Hiring more office staff. Medicare Advantage open enrollment have until March 31.

Resources for Independent Living (Hans Greenwald) Core services for persons living with disabilities, independent living skills.

ApexCare (Cindi Unger) excited about UCD POINTER study. Has been doing Brain Boosters for 6 years- brain health promotion class. Is doing public presentation on Brain Boosters at Lions Clubs.

UC Davis Veteran Services (Omego Lee) Supports UCD student veterans and their dependents. Opening for certified official.

Alzheimer’s Association (Denise Davis) accelerating global research, early detection and care and support systems for families and persons with Alzheimer’s and dementia. 24/7 Phone number: [1 \(800\) 272-3900](tel:18002723900)

Caregiver support program by Yolo ADHC, California state conference March 3-4. Pleased to support the national POINTER Study.

Northern Valley Indian Health Center (Bambi Eagle) COVID vaccine clinics this Friday at NVIH 10am-6pm, Sunday Old Sugar Mill in Clarksburg and West Sacramento. Their new clinic in Woodland includes primary care, Behavioral Health, Pain Management and a Dental Clinic.

Welcome Home Care (Sarah Cross) Personalized home care agency that has expanded to Yolo Co. Assistance with ADL and IADL. Working with assisted and skilled nursing for supplemental staffing needs.

Alderson Convalescent Hospital (Matt Deryk) Currently at 70% occupancy. Currently have a few COVID cases.

Ozmar Abuto (Communicare Health Centers) Was working with Project Roomkey. Hiring 2 promotores to focus on work with migrant center, farm workers and mobile medicine in the community. Health centers in West Sacramento, Davis and Woodland. Provide primary care, behavioral health and dental. Garden in Woodland for nutrition education. Still vaccinating patients. Have clinics everyday. Trying to reach all clients that are not vaccinated and boosted. Taking services to migrant centers when they open.

8). Update on Yolo Healthy Aging Alliance activities (Sheila Allen)

a. Grab bar installation

b. Phone Friends program- <https://www.yolohealthyaging.org/phone-friend-forms>

c. COVID outreach ADRC grant

d. Yolo Congregate Meals with Drewski's food trucks

e. Emergency Preparedness

f. Intergenerational Digital Divide

g. Yolo Healthy Aging Alliance Advocacy Committee meets first Thurs. each month, 10am-noon via Zoom <https://www.yolohealthyaging.org/advocacy>

h. YHAA Annual Fundraiser- Sunday, April 3, 5p-7p, Galileo Place Healing Garden (new Adult Day Program, Davis)

9). Future agenda items

a. The Davis Village Movement

10). Announcements none