



# Veterans Resource Guide

Ali Padua

## U.S. Department of Veterans Affairs

1111 Howe Avenue  
Suite 390  
Sacramento, CA 95825

The Department of Veteran Affairs is responsible for providing vital services and programs to benefit veterans and their families.

MyVA411 main information line:  
**(800) 698-2411**

Sacramento Vet Center number:  
**(916) 566-7430**

## California Department of Veteran Affairs (CalVet)

1227 O Street  
Sacramento, CA 95814

The California Department of Veterans Affairs is a statewide office that helps California veterans to ensure they get state and federal benefits and services.

Toll-Free: **800-952-5626**

Toll-Free: **800-324-5966**

(TDD) Toll-Free: **800-221-8998**  
(Outside California)

## Yolo County Veterans Service Office

137 North Cottonwood St  
Woodland, CA 95695

Yolo County Veterans Service Office provides services to veterans and their dependents by assisting in obtaining benefits from federal, state and local agencies administering programs for veterans.

Yolo County Veterans Service Office number: **(530) 406-4850**

## VA Northern California Medical Centers and Clinics

Sacramento VA Medical Center  
10535 Hospital Way  
Mather, CA 95655

McClellan VA Clinic  
5342 Dudley Boulevard  
Building 88  
McClellan Park, CA 95652

VA Medical Center is an integrated health care delivery system, offering medical, surgical, rehabilitative, mental health, and extended care to veterans.

VA Clinic provides a wide range of medical and ancillary services and programs including primary care, audiology, mammography, optometry, pharmacy, physical therapy, prosthetics, radiology, and other health services.

Sacramento VA Medical Center number: **(916) 843-7000**

McClellan VA Clinic number:  
**(916) 561-7400**

## Transportation

DAV (Disabled American Veterans) Need a Program

San Francisco VA Healthcare System

Provides safe and reliable transportation to veterans needing assistance traveling to and from VA healthcare facilities and authorized non-VA healthcare appointments.

DAV number: **(916) 843-7001**

San Francisco VA Healthcare System number: **(415) 221-4810**

## Education

### College Fee Waiver for Dependents

The College Fee Waiver waives mandatory system-wide tuition and fees for veteran dependents at any State of California Community College, California State University, or University of California campus.

For more information on the College Fee Waiver, contact Yolo County Veterans Service Office: **(530) 406-4850**

### GI Bill

GI Bill provides education benefits to veterans and servicemembers who have at least two years of active duty. This benefit helps Veteran pay for college, graduate school, and training programs.

For more information on GI Bill call: **(888) 442-4551**.

## Homelessness/Housing

### National Call Center for Homeless Veterans

National Call Center for Homeless Veterans ensure homeless veterans or veterans at-risk for homelessness to have free, 24/7 access to trained counselors. Veterans who are homeless or at imminent risk of homelessness are strongly encouraged to call.

National Call Center for Homeless Veterans number: **(877) 424-3838**

### HUD-VASH

HUD-VASH help Veterans who have experienced homelessness and need additional support maintaining housing. HUD-VASH provide Housing Choice vouchers and the vouchers are permanent.

For more information on HUD-VASH vouchers contact National Call Center for Homeless Veterans: **(877) 424-3838**

### Home Foreclosure Assistance: Home Now Alliance

Home Foreclosure Assistance help homeowners who may not be able to pay their mortgages.

Home Now Alliance number: **(888) 995-4673**

### CalVet Home Loans

CalVet Home Loans help veterans buy a home.

CalVet Loan Originators number: **(866) 653-2510**

## Employment

### CalHR Veterans Preference

Veterans' Preference is an assistance program for military benefits who seek employment with the state.

CalHR Veterans Preference number: **(866) 844-8671**

### Veteran Readiness and Employment

Veteran Readiness and Employment are for those who have service-connected disability that limits their ability to work or prevent from working and helps explore employment options and addresses training needs.

Veteran Readiness and Employment VA Benefits Hotline: **(800) 827-1000**

## **Mental Health**

### California County Adult Mental Health Services

California County Adult Mental Health offers services ranging from traditional mental health treatment, such as crisis intervention and medications, as well as a variety of rehabilitation services, to specifically address the recovery needs of adults with serious and persistent mental illnesses

Yolo County Mental Health number: **(888) 965-6647**

### VA Mental Health Service

VA Mental Health services include posttraumatic stress disorder (PTSD), psychological effects of military sexual trauma (MST), depression, grief, anxiety, and other needs.

VA Mental Health Service number: **(877) 222-8387**

### Veterans Crisis Line

The Veterans Crisis Line is a free, confidential resource that's available to anyone. The responders at the Veterans Crisis Line are specially trained and experienced in helping Veterans of all ages and circumstances.

Veterans Crisis Line number: **(800) 273-8255 and Press 1**

## **Health Care**

### VA Health Care

A person who served in the active military, naval, or air service and who was discharged or released under conditions other than dishonorable may qualify for VA health care.

VA Health Care number: **(877) 222-8387**

### Home Improvements and Structural Alterations

Home Improvement and Structural Alterations provide medically necessary improvements and/or structural changes to the veteran's residence.

Home Improvements and Structural Alterations number: **(800) 827-1000**

### VA Long-term Care Health Benefits

VA long-term Care health services include 24/7 nursing and medical care, physical therapy, help with daily tasks, comfort care and help with management, and support for caregivers.

VA Health Benefits number: **(877) 222-8387**

### Adult Day Health Care

Adult Day Health Care is a program for Veterans can go to during the day for social activities, peer support, companionship, and recreation. The program provides help with activities of daily living, help who are isolated or their caregiver is experiencing burden.

VA Health Benefits number: **(877) 222-8387**

<p><b>Benefits</b></p> <p><u>Aid and Attendance</u></p>	<p>Aid and Attendance benefits provide monthly payments added to the amount of a monthly VA pension. For veterans who needs aid of another person to perform everyday functions such as dress, clean, feed, adjust prosthetics, etc.</p>	<p>VA benefits number: <b>(800) 827-1000</b></p>
<p><u>Burial Benefits</u></p>	<p>Burial benefits available include a gravesite in any of our national cemeteries with available space, opening and closing of the grave, perpetual care, a Government headstone or marker, a burial flag, and a Presidential Memorial Certificate, at no cost to the family.</p>	<p>For more information on burial benefits, contact Yolo County Veterans Service Office: <b>(530) 406-4850</b></p>
<p><u>Disability Compensation Benefits</u></p>	<p>A monthly benefit paid to veterans for any injury, condition, or illness that started in or was exacerbated by active service in the military.</p>	<p>For more information on disability compensation benefits, contact Yolo County Veterans Service Office: <b>(530) 406-4850</b></p>
<p><b>Other Assistance</b></p> <p><u>California Military Relief Fund</u></p>	<p>California Military Relief Fund provides short term, financial assistance in the forms of grants impacted by mobilization and deployment to veterans.</p>	<p>For more information on California Relief Fund, contact Yolo County Veterans Service Office: <b>(530) 406-4850</b></p>
<p><u>Veterans of Foreign War Unmet Needs Program</u></p>	<p>Unmet Needs help veterans, service members and military families who have run into unexpected financial difficulties as a result of deployment or other military-related activity or injury. The program provides financial aid grants of up to \$1,500 to assist with basic life needs in the form of a grant.</p>	<p>Unmet Needs Program number: <b>(866) 789-6333</b></p>
<p><u>California Workforce Investment Board</u></p>	<p>Provides financial assistance for veterans seeking a job.</p>	<p>California Workforce Investment Board number: <b>(916) 324-3425</b></p>
<p><u>CalFresh</u></p>	<p>CalFresh issues monthly electronic benefits that can be used to buy most foods at many markets and food stores.</p>	<p>CalFresh number: <b>(916) 654-1896</b></p>