



*\*The Unified Voice for Older Adults in Yolo County\**

**Collaboration, Coordination,  
Information & Assistance Committee**

**MINUTES**

**Monday, July 22, 2019 9:00AM-11:00AM,**

**Community Room, Yolo Co. Gonzales Building  
25 N. Cottonwood St., Woodland 95695**

**PRESENT:** Kevin Clark (Yolo County DA Elder Protection Unit), Cindi Unger (ApexCare), Kim Koontz (California Center for Cooperative Development), Teresa Ogen (Multi-purpose Senior Services Program-MSSP), James Kriedler (Meals on Wheels of Yolo County), Isaac Blackstock (Yolo County Housing), Liz Stevens (HICAP), Michelle Nevins (Del Oro Caregiver Resource Connection), Guadalupe Lugo (Yolo County Childrens Alliance), Liz Romero (Yolo Hospice), Julie Bates (AARP), Kellymarie Chen (Yolo Co. HHS-Healthy Yolo), Craig Blomberg (Sutter Hospital Nurse Care Management), James Burke (Partnership Healthplan), Clara Cazares (Woodland Healthcare-Behavioral Health-Outpatient), Rachel Foster (Legal Services of Northern CA/Senior Link of Yolo Co.), Sondra Mattingly (RSVP), Kevin McClory (WeCare4Yolo), Jan Taylor (Comfort Keepers), Joan Tuss (Yolo County Library), Rossana Vigil (Yolo Co. IHSS-Public Authority), Lupita Vital (Yolo Co. Infectious Disease), Angela Hodges (Comfort Keepers), Micaela Sorensen (Communicare Health Centers), Ozmar Aburto (Communicare Health Centers), Maria Olmedo (California Center for Cooperative Development), Hiroko Sugitani (Yolo Hospice/Citizens who Care), Rachael Miller (Yolo Hospice)

**1). Introductions and announcements**

**2). Approval of Agenda and Approval of Minutes of 5/20/19 MOTION:** Move approval of agenda and minutes as written. Moved by Cindi Unger, Sondra Mattingly 2<sup>nd</sup>, passed unanimously.

**3). Presentation-Multi-purpose Senior Services Program-MSSP (Teresa Ogan-see attached powerpoint)**

- MSSP is a program of Sacramento-based office serving counties of Sacramento, Placer, Yolo and Yuba.
- Program goal is to provide services, equipment and supports to keep participants in their own home.
- Eligibility criteria-65 years or older, Medi-Cal benefits with certain aid codes. At risk of nursing home placement, 3 or more ADLs including medication management and mobility.
- Little to no waitlist for Yolo County-please refer qualifying persons to MSSP.
- Cannot provide respite services if Del Oro also providing these services (no duplication of services)

Yolo Healthy Aging Alliance - The Voice for Older Adults in Yolo County  
Supervisor Jim Provenza, Chair - Sheila Allen, Executive Director  
600 A Street, Suite C, Davis, CA 95616 530-757-5583 [www.yolohealthyaging.org](http://www.yolohealthyaging.org)

- Can work with Hospice.
- “No wrong door” care approach to connect people to other services (such as YHAA Collaboration Committee members).
- All participants seen by a social worker and nurse who create a care plan.
- MSSP funding source: MediCal Waiver dollars (federal funds). Must be payer of last resort so have to look for other resources first.
- What is paid for by MSSP? E.g: transportation, safety equipment, personal care services, personal response system, minor home modifications.
- How to refer: by phone-916-374-7739, by email: [svue@healthcollaborative.org](mailto:svue@healthcollaborative.org)
- A person can also self-refer to program
- Cannot fund board and care placement
- Another service is institutionalizing case management for those already in nursing homes. Don’t use this very often and it is very expensive.
- Can use MSSP dollars to safely transfer a person home after skilled or assisted living.
- Work with Partnership Healthplan-can get authorization that recommends MSSP and Case Management.
- Can coordinate with home health

**Issues for FOLLOW UP:**

- Craig Blomberg-no person has been successfully referred to MSSP from Sutter Davis Hospital.
- 20% of service funds are reserved for Yolo County. Although this has never been met.

**4) Roll out of CalFresh “Cashout”-** persons with SSI may be eligible for Calfresh. Yolo County’s Healthy Yolo workgroup is taking this on as their collaborative project. When assisting persons with applying, make sure to submit their expenses (including medical) because this will increase their CalFresh award. Go to your local county service to apply or call or apply online. There are new county kiosks being planned in Esparto and Knights Landing. Joan Tuss will follow up about what these kiosks can do.

**5). Provider spotlight: New Programs**

**CA Center for Collaborative Development** (Kim Coontz and Maria Olmedo) The coop center is assisting community member to create a home care provider coop. planned to be launched in October. The coop center will support the home care coop with management. The participants have been visiting other home care provider cooperatives. Will have a volunteer board of directors. This project will create legal, structured jobs for workers and an alternative home care service for the community. Providers will be bonded, insured, trained and finger printed. No name for the cooperative yet.

**6). Round table discussion from participants-**report on services from new members and updates from continuing members (all)

**Legal Services of Northern CA/Senior Link of Yolo County** (Rachel Foster) AAA4 is looking for a new provider for the Information and Assistance program (Senior Link) and have not found one yet. Legal Services will continue to operate Senior Link until new provider identified and services transitioned. No change is proposed for their legal services for persons 60 years and older.

**Partnership Healthplan** (James Burke) Partnership provides focused case management and transportation and other support services. A new member portal has launched.

**WeCare4Yolo** (Kevin McClory) Independent home care agency. Starting in home care support in Winters, Esparto and Dunnigan, Knights Landing as well continued care provided in Woodland and Davis.

**Yolo County Infection Control** (Lupita Vital) Free flu shots will be provided at the DA Senior Resource Fair. Not providing high dose flu shots this year. Planning a presentation at the Davis Senior Center on which vaccines are required and needed and why for persons 65 years and older. Not planning on going to

River Bend in West Sacramento this year. Flu shot clinic target is working middle class community. Will send the schedule to YHAA when available.

- Healthy Yolo** (Kellymarie Chen) CalFresh is the focus of the community impact project. Will be release Community Health Assessment in early Jan. the was conducted in conjunction with local hospitals and community clinics. Mental Health Community Health Services Act is due for an update. There are a series of community input sessions being implemented.
- AARP** (Julie Bates) Ms. Bates goal in Yolo County is to assist cities and the county to all become Age Friendly Communities. Providing 2 educational programs at the Davis Senior Center. Homefit and Careversation targeting the LGBT community in November. Always looking to find more volunteers.
- Comfort Keepers** (Jan Taylor/Angela Hodges) Provide non-medical care, transportation, meals, etc. for those over 18 years. Have a contract with Kaiser and can give their members a discount. If person needs help and they can't afford their private services will refer to other people which is why YHAA Collaboration is so important.
- Yolo Hospice** (Liz Romero) Upcoming event "In the Parlor: The Final Goodbye," shares an intimate journey of families taking a more active role in caring for loved ones after their deaths. Aug. 2, 1:30-4pm, Davis Community Church. Oct. 10 is Yolo Hospice's 40-year anniversary.
- Yolo Hospice** (Rachel Miller) Wrapping up work of Yolo Coalition to Honor Choices that has had a series of community education and discussion events regarding advance directives and making a plan. Next event: West Sacramento Community Center "Let's have brunch and talk about death Will be TED talk and facilitated discussion. Fri. Sept 6 10:30am-12:30pm
- Yolo County Children's Alliance** (Guadalupe Lugo) Assisting with applications for CalFresh at West Sacramento office and at all HHSa service center locations for in-person assistance (one staff at each site). Back to school free backpacks for West Sacramento Aug. 1, 4p-7p. Free food distribution every Friday 10:30am, at West Sacramento Food Distribution which is primarily attended by seniors.
- Del Oro Caregiver Resource Center** (Michelle Nevins) Assistance to persons in the home program through Dept. of Health Care Services for those over age 18 with neurological disorders and head injuries. This program recently received an increase in the state budget. Del Oro also has AAA4 funds for persons over 65 for caregivers under 60. Unable to do this service at this time as there is still no contract in place so stopped providing services starting July. Can't provide respite because funding is not coming.
- Yolo County Library Books by Mail program** (Joan Tuss) Sending books out to group living situations as well as home delivered books. New program: putting together kits such as cake decorating, wood working, meditation, yoga, telescope, knitting and croqueting.
- Health Insurance Counseling and Advocacy Program-HICAP** (Liz Stevens) Medicare open enrollment starts Oct. 15 with effective date next Jan. Can also provide assistance with billing appeals.
- Yolo Housing** (Isaac Blackstock) Aug. 6 National Night Out in West Sacramento. Rent Ready Program-practical information on budgeting, house cleaning, legal, home safety will be taught every month (he will forward the flier for distribution). Waitlist for mainstream housing vouchers is not currently open.
- Communicare Health Centers** (Micaela Sarazen/Ozmar Aburto) Fundraiser at the Woodland Hansen Clinic this Thurs. 5:30 at the edible learning garden outdoor classroom—a therapeutic environment to be used for group medical appointments and Behavioral Health.
- Retired Senior Volunteer Program** (Sondra Mottingly) Looking for non-profits to place senior volunteers in Yolo County.
- Meals on Wheels** (James Kreidler) With new route in West Sacramento agency is at peak capacity. Now taking waitlist names for all of Yolo County.
- ApexCare** (Cindi Unger) Private home care agency, taking referrals.
- Yolo Co. District Attorney** (Kevin Clark) Annual Senior Resource Fair and Senior Fraud Prevention event, Oct. 16 at University Covenant Church in Davis. Contact Kevin (not Sheila) is you would like to reserve a table. Kevin.clark@yolocounty.org.

**Sutter Davis Hospital** (Craig Bloomberg) Encountering many persons with chronic diseases so utilized many of the services in the YHAA Collaboration Committee resources. Continuum of Care meeting coming up in the fall.

**7). Yolo DA Elder Abuse Prevention grant update** (Kevin Clark) First Grant Steering Committee meeting happened in June. Staff are being hired to assist with connections to services and holding persons accountable to those who were harmed. Trying to get more restitution. A person will be hired and split between APS and DA office. In addition, a paralegal will be co-located with Legal Services of Northern California. Steering Committee decided that Empower Yolo will be the service provider for emergency housing, medication, transportation, etc. **FOLLOW UP:** Invite Empower Yolo to attend Collaboration Committee. Will have 2-3 more years of funding.

**8). Update on Yolo Healthy Aging Alliance activities** (Sheila Allen)

- YHAA plans 2 Town Hall meetings in Winters and West Sacramento this fall that will educate the public on the Master Plan for Aging, becoming Age Friendly Communities and the Agency on Aging plan update and solicit input from the community for these 3 project. State senators and assemblymembers will be invited to participate.
- YHAA Housing Summit has been moved to Spring 2020.
- 2020 Census-postcards will be sent to every address with a code to log on to complete the census. This may be difficult for older adults who may not have digital access or proficiency. County is planning special outreach to older adults at assisted living facilities, senior centers and events. AARP will be sending out information to all of their members. **FOLLOW UP:** When paper census forms are available assist with the distribution.
- Emergency preparedness-The Yolo County Commission on Aging and Adult Services is taking a deep look at and developing recommendation for the Board of Supervisors on how to get information to older adults and persons with disabilities on making an evacuation plan and creating a personal emergency kit and assist with getting everyone signed up for emergency alerts. Cindi Unger notes that ApexCare has identified people who need the assistance and have made the commitment to have a plan to get them out in the event of an emergency.

**9). Future agenda items** (all) Public Guardian presentation (November meeting)

**10). Annual Cross Training, Sept. 23, 8:30am-11:30am, Woodland Community and Senior Center, 2001 East Street, Woodland.**

We encourage every organization to provide at least one representative to present 2-3 min. to address 1-Services that your organization provides, 2-any service restrictions such as age or insurance coverage, 3-how best to refer. This is a provider only event (not general public) and we encourage anyone in your organization that may refer to other agencies to attend. No need to RSVP. Light breakfast will be served.

**11). Next regular meeting of YHAA Collaboration Committee: November 25, 9am-11am 25 N. Cottonwood St., Woodland, Community Room**