



*\*The Unified Voice for Older Adults in Yolo County\**

**Collaboration, Coordination, Information & Assistance Committee**

**MINUTES**

**Monday, March 22, 2021, 9:00AM-11:00AM, via Zoom**

**PRESENT:**

Isaac Blackstock (Yolo County Housing)	Norriell Richards (Yolo Hospice-Sr. Peer Counselors)
Brandi Bluel (Resources for Independent Living)	Maria Sandhu (YHAA Program Coordinator)
Dana Carey (Yolo Co. Office of Emergency Services)	Marisa Schaffer (Yolo Food Bank)
Bianca Castro (AARP)	Pamela Smith (Adult Insurance Solutions)
Beth Conn-Ossenfort (Yolo Adult Day Health Center)	Crystal Painter (Yolo Co. Public Guardian)
Denise Davis (Alzheimer's Assoc.)	Ali Padua (YHAA intern)
Lisa DeAmicis (Davis Senior Center)	Monique Preciado (Yolo 211)
Randy Dinning (AAA4 Ombudsman Program-Yolo)	Laura Prosser-Horch (Yolo APS nurse)
Jaana Elina (AAA4 Person Centered Counselor)	Katherine Sorenson (Yolo 211)
Josephina Elliot (Yolo Co. Adult Protective Services)	Jan Taylor (Comfort Keepers)
Moises Gamboa (AAA4 Person Centered Counselor)	Teagan Tomesello (Yolo 211)
Nancy Gifford (M.McDowell Manor-Housing)	Salvador Torres (Yolo Co. Veterans Services)
Jessica Gojkovich (Public Guardian)	Casanya Ursery (Unite Us database)
Lindsey Hall (Yolo DA Elder Victim Services)	Cynthia Van Nostrand (Partnership Healthplan)
Victoria Harling (CA Phone Access Program)	Loran Vetter (St. Luke's Comm. Resource Navigators)
Rebecca Hensley (AAA4-Person Centered Counselor)	Rossanna Vigil (Yolo Co. Public Authority)
Tracy Keenan (Yolo Hospice-Citizens who Care)	Lupita Vital (Yolo Co. Infectious Disease)
Curleene Langman (YHAA intern)	Stacy Vue (MSSP)
Sara Martinez (AAA4)	Carolyn Washington (HICAP)
Kevin McCarty (WeCare4Yolo)	Alexandra Weisgerber (Alzheimer's Assoc.)
Emily Miyaoka (Resources for Independent Living)	Sheila Allen, staff (Executive Director, YHAA)
Michelle Nevins (Del Oro Caregiver Resource Center)	

**1). Introductions and announcements (Sheila Allen)**

**2). Approve Minutes 2/22/21 meeting-MOTION:** Move approval of minutes. Moved by Beth Conn-Ossenfort, Jan Taylor 2<sup>nd</sup>. Passed.

**3). COVID update and outreach to remaining unvaccinated 65+** (Dana Carey, Yolo Co. Office of Emergency Services) Very busy week with 2<sup>nd</sup> dose clinics. Yolo Co. piloted MyTurn application last week at one drive through clinic-good from vaccination end as no paperwork and automatically uploads information but more difficult to sign up for non-computer people, although there is a call in number and unable at this point to only allow Yolo people to register. 1/3 of the participants were non-Yolo. May start using MyTurn for all appointments in Yolo week of March 29. May not work when clinics are where there is no internet. No first shot clinics this week. Seeing reduction in how fast 65+ tickets are

going. Hoping that most people have been able to get vaccine. Homebound vaccination program is still happening. Working with fire departments for to assist with home based vaccinations also. Waiting tomorrow to see if we are in the orange tier. This is the second week.

#### **4). Provider spotlight: New/Updated Programs – Yolo Aging and Disability Resource Connection**

##### **CARES Act Survey discussion. Group identified current issues/needs in Yolo.**

1-mental health- increased need for access to mental health services (especially licensed)

2-transportation

3-affordable housing

4-transitioning/resuming to in-person care and supports as soon as possible

**FOLLOW UP:** Sheila will send out online survey. Please complete.

#### **5). Round table discussion from participants-**updates on programs and services from members (all)

**Yolo Adult Day Health Center (Beth Conn-Ossenfort)** Continuing to provide temporary alternative services- phone calls, check ins, deliver lunches. Planning for re-opening (no date yet) likely this summer. Respite is very much needed. Plans for an expansion are moving forward. Taking referrals and intakes.

**Alzheimer's Assoc. (Denise Davis)** Caregiver and persons based education ongoing, annual conference on April 28, care partner forum, Sept Walk to end Alzheimer's.

[https://www.youtube.com/channel/UCLuSt\\_4R7iVhgiUlpFCrI0Q](https://www.youtube.com/channel/UCLuSt_4R7iVhgiUlpFCrI0Q)

**California Phones (Victoria Harding)** Offices open-recommend appointments (only 2 clients allowed in office at a time), clients can receive a telephone for first time or have a phone already. If person has no transportation or low sight, representatives are now going into the home. Can replace and reprogram phones. Can drop at door or to family or friend. Via Zoom is smart phone training classes then mail them large print how to book.

**Adult Protective Services (APS) (Josefina Elliott)** Doing more home visits. Make verbal report then can securely send report to [yolo.aps@yolocounty](mailto:yolo.aps@yolocounty).

**Davis Senior Center (Lisa DeAmicis)** Center continues to be COVID testing site. Tax aid program is full, center continues activities via Zoom. Medical equipment closet is getting a lot of activity-making equipment available but prefer not to have back. Call for appointment and then will set out for pick up.

**Del Oro Caregiver Resource Center (Michelle Nevins)** Education training for family caregivers online – go to website [deloro.org](http://deloro.org) for calendar and other languages and other locations and also on youtube. Looking forward to getting back out. 92% of staff are vaccinated and starting to rotate into office.

#### **Yolo Hospice Programs**

**Citizens who Care (Tracy Keenan)** taking new clients and volunteers, some volunteers are doing in person-socially distant.

**Yolo Cares (Kenia Miller)** higher number of patients, offering dementia box that have aroma scents and photos of family.

Yolo Healthy Aging Alliance - The Voice for Older Adults in Yolo County

Supervisor Jim Provenza, Chair - Sheila Allen, Executive Director

600 A Street, Suite C, Davis, CA 95616 530-757-5583 [www.yolohealthyaging.org](http://www.yolohealthyaging.org)

**Galileo Place (adult day program)** Has furniture and paintings, garden still being completed. Saturday Club can start perhaps in summer.

**Senior Peer Counseling (Norriell Richards)** being covered by Liz Romero for now.

**AAA4 Person Centered Counselors (Jaana Elina)** Continue to work remotely, funding programs through Older Americans Act, online workshops-diabetes management, nutrition, exercise classes. Giving away Google speakers in Yolo Co. Criteria: 60 yrs plus, internet and smart phone.

**Yolo 211 (Katherine Sorenson/Monique Preciado)** no new updates-taking calls, helping to sign up for vaccine clinics, answer questions and concerns. Yolo Co. ran a TV advertisement with 211 so saw surge-100 people called. Have 3 Spanish call specialists, for other languages use a language line. Will connect to other healthcare providers. High number of calls for Yolo.

**Margaret McDowell Manor (Nancy Gifford)** Working with Marissa on Food Bank-32 people will get delivery tomorrow. Have some challenges: e.g.: transitions-coming home from SNF with no caregivers and no supports in place (connect to ADRC). Working with Elica on mobile medical and dental services.

**Yolo Ombudsman (Randy Dinning)** CMS came out on 10<sup>th</sup> with revised guidelines for visitation, schedule in day advance. **FOLLOW UP:** get these recommendations. Volunteers can now go back into facilities. 7<sup>th</sup> regional ombudsman ready to go.

**Resources for Independent Living (Emily Miyaoka)** Still doing all services virtual. Can help consumers find caregivers, assistive technology, walkers, wheelchairs, etc.

**Yolo Housing (Isaac Blackstock)** 2<sup>nd</sup> clinic for COVID went off without a hitch. Tracked everyone down. Some of their population that did not want the vaccine.

**Comfort Keepers (Jan Taylor)** Helping lots of people who took people out of SNF and need respite, now also some are being called to work so need additional help. Ambassador for Woodland Chamber-May 6 chamber golf course fundraiser.

**Elder Abuse Prevention Program DA (Lindsey Hall)** 2<sup>nd</sup> advocate to start in 6-12 weeks. Elder abuse advocates already in place for DA and APS. Victim Rights recognition on April 21 (elder abuse program will be included).

**UNITE US (Casanya Usery)** Continuing to grow greater Sacramento area. 99 active agencies serving this area (27 in Yolo) If your organization would like more information or assistance with signing up contact [casanya.usery@uniteus.com](mailto:casanya.usery@uniteus.com).

**HICAP (Carolyn Washington)** Open enrollment ended in Dec. Number stable. Noticed people were following the ads on TV and were misled because services were not provided in their area. Changes for long term care insurance. If you have clients for Medicare system-plan. Many of their sites are still not open. Working on their protocols.

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**Adult Insurance Solutions (Pamala Smith)** Food for Thought program to give added value for clients. Her attendance numbers are going up. More clients moving to be close to family. More people moving out of state.

**WeCare4Yolo (Kevin McClory)** Serve all of Yolo County, continue to grow number of referrals, thanks to vaccination through Yolo County. All of our staff and patients.

**Yolo Food Bank (Marisa Schaffer)** Love that she is able to refer to county and YHAA services. Been with Yolo Food Bank for 2 months. Home delivered 2500 boxes a week at start of pandemic-now transitioned to more neighborhood food access programs "Eat Home Yolo". She is managing home deliveries and establishing distribution sites in Yolo Co. with focus on seniors and generally those who are low income with transportation issues. Home deliveries utilized Farm Fresh to You weekly in West Sac, Woodland and Davis. Mercy Coalition is doing home deliveries in West Sac. Cares for All in West Sacramento. Rural areas-Yolo Food Bank volunteers 575 deliveries each week. Established 4 private, closed distribution. Trying to provide more fresh foods. Looking for more properties for distribution. Growing-has about 10 additional distributions to get set up. If you have a location contact [marissa@yolofoodbank.org](mailto:marissa@yolofoodbank.org).

**Yolo Public Authority (Rossana Vigil)** Make sure IHSS consumers connect to providers from registry for long term care giving, Home Care Now-urgent back up provider. Spike of interest in people joining Home Care Now and registry. Soap, gloves and hand sanitizer available for IHSS providers. If there is need for vaccine-they can help them set up appointments. Last week state clarified that IHSS providers can be paid for accompanying client to vaccine and retro to Jan. 1. If they need help scheduling interviews and reference checks they can help.

**Yolo Co. Public Guardian Office (Jessica Gojkovich)** working to get their clients and staff vaccinated to be able to get back into the field to see their clients. Have a full time admin position.

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**Not in attendance but provided update:**

**Meals on Wheels (Alexa Torres)** Unfortunately we will not be able to attend today's meeting due to us being short-staffed. No new updates for Meals on Wheels, still the same as the last update sent:

Meals being delivered on MWTh. Still taking referrals and adding new clients weekly. A phone interview needs to be done to see if they qualify. Our clients were sent vaccine information and how to get signed up for a COVID vaccine with their meals. Still need TV trays for socially distant deliveries. We are having an influx of new referrals weekly, which is causing longer wait periods to get started on the program. Still need consistent volunteers in West Sacramento as well as other sites in order to serve more clients. Please contact Daysi Lawton, Deputy Director, if interested in volunteer opportunities. [dlawton@mowyo.org](mailto:dlawton@mowyo.org)

**6). Update on Yolo Healthy Aging Alliance activities (Sheila Allen)**

**a. Friendly caller program-** <https://www.yolohealthyaging.org/phone-friend-forms>

**b. Healthy People-Healthy Park Project** in collaboration with Cache Creek Conservancy and Putah Creek Council <https://parkrxamerica.org/about.php>

**c. California Master Plan for Aging** <https://www.chhs.ca.gov/home/master-plan-for-aging/>

**Yolo County Senior Town Hall Meetings (all via Zoom, Fridays, 10am-noon)**

April 30 – Woodland

May 7 – Davis

May 14 – Winters and Rural Yolo

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May 21 – West Sacramento

To register go to YHAA home page [www.yolohealthyaging.org](http://www.yolohealthyaging.org)

**d. Yolo Healthy Aging Alliance Advocacy Committee** meets first Thurs. each month, 10am-noon via Zoom <https://www.yolohealthyaging.org/advocacy>

**e. Yolo Aging and Disability Resource Connection and Care Transitions Program**

**7). Future agenda items** District Attorney Elder Abuse Prevention Program update (May), Yolo Food Bank Senior Programs (May), Veterans Services (April)

**8). Announcements**

**9). Next meeting, Monday, April 26, 2021, 9am-11am, via Zoom**