



The Unified Voice for Older Adults in Yolo County

**Collaboration, Coordination,
Information & Assistance Committee**

MINUTES

Monday, October 26, 2020, 9:00AM-11:00AM, via Zoom

PRESENT:

Isaac Blackstock (Yolo County Housing)	Michelle Nevins (Del Oro Caregiver Resource Center)
Craig Blomberg (Sutter Davis Care Management)	Ali Padua (YHAA Gerontology intern)
Christina Bolanos (Co-op Homecare)	Norriell Richards (Yolo Hospice-Sr. Peer Counselors)
Dana Carey (Yolo Co. Office of Emergency Services)	Paris Rogers (FEMA Voluntary Agency Liaison)
Beth Conn-Ossenforth (Yolo Adult Day Health Center)	Elida Serratos (Yolo Co. IHSS)
Lisa DeAmicis (Davis Senior Center)	Salvador Torres (Yolo Co. Veterans Services)
Randy Dinning (AAA4 Ombudsman Program-Yolo)	Joan Tuss (Yolo Co. Library-Active Older Adult & Books by Mail programs)
Mark Fink (Yolo Co. Library)	Rebessa Tyron (Yolo Co. Oral Health Committee)
Nancy Gifford (M.McDowell Manor-Housing)	Cindi Unger (Apex Care)
Jessica Gojkovich (Yolo Co. Public Guardian)	Casanya Ursery (Unite Us database)
Julia Hagelberg (Co-op Homecare)	Loran Vetter (St. Luke's Community Resource Navigators)
Rebecca Hensley (AAA4-Person Centered Counselor)	Rosanna Vigil (Yolo Co. IHSS Public Authority)
Tracy Keenan (Yolo Hospice-Citizens who Care)	Carolan Washington (Heath Insurance Counseling and Advocacy Program)
Nicholas Lamphor (Resources for Independent Living)	April Wick (Resources for Independent Living)
Curleene Langman, YHAA Gerontology intern	Sheila Allen, staff (Executive Director, YHAA)
Ricardo Lopez, Yolo Co. Housing	(38 total people on call)
Pedro Maturana (Co-op Homecare)	
Melinda Meeken (Yolo Adult Protective Services)	
Kenia Miller (Yolo Hospice)	
Emily Miyaoka (Resources for Independent Living)	
Anna Morales (Yolo 211)	

1). Introductions and announcements (Sheila Allen)

2). Brief update on COVID19 in Yolo County (Dana Carey-Yolo County Office of Emergency Services)

- Countywide testing program-state testing for November will be moved to Woodland (old probation building on justice campus by juvenile hall), West Sacramento testing at Elica Health, Yolo County testing: Davis-weekly testing at Senior Center (400 persons served at test site on Monday) and rotating sites in Winters and unincorporated areas. Staff for testing sites-outsourcing nasopharygeal testing needs

to AMR and new public health staff nurses. CalReady does most contract tracing. Need to update website for testing locations.

- Seasonal influenza program-shipments arriving just on time. Have 4000 on hand now. Mass flu clinics in West Sac, Woodland and Davis, Winters coming up and several additional being added including participants in the homeless programs.
 - COVID vaccine roll out planning current phasing: Phase 1-healthcare workers (paid and unpaid), persons 65 and older, Phase 2: children and teachers Phase 3: mass vaccination clinics for general public. Used drive through clinics for seasonal flu as practice for mass distribution. Most promising vaccine is 2 doses so will need to get people to return.
 - Code enforcement-team goes out if reported to educate, can fine if needed.
 - Alderson in Woodland-outbreak-PPE fatigue so upping training and testing.
 - If evacuated or power shut off can give hotel voucher, trying to avoid mass sheltering.
- FOLLOW UP:** send flyer from Public Health regarding home flu vaccine option

3). Emergency Preparedness and resources for persons with disabilities (April Wick & Nicholas Lanphear, Resources for Independent Living-RIL)

- RIL has a Public Safety Power Shut Off support program including resources and education for persons with disabilities in Yolo and Sacramento Counties.
- PG&E has a “Medical Baseline” that is not income based for persons with life threatening medical power needs.
- RIL has a limited number of Yeti 3000 back up batteries available. Will support automatic doors, power chairs, CPAP, etc. but not power the entire home.

Information on being prepared

- ✓ Personal Disaster Kit
- ✓ Think through your mobility needs
- ✓ Create a personal support network- “self-help team”
- ✓ Think through what help you will need
- ✓ Transportation needs

Comments:

Yolo County Commission on Aging and Adult Services has been working for 2 years on recommendations and plans to improve emergency preparedness and evacuation for older adults and persons with disabilities.

FOLLOW UP: RIL and Emergency Prep Subcommittee to meet.

FOLLOW UP: Add RIL information to YHAA webpage.

4). Provider spotlight: New Programs

Yolo County Oral Health Committee (Rebecca Tyron)

Committee consists of local dentists, health care providers, county and state program reps.

- Important community message: It is safe to return to the dentist now even as pandemic continues. There are PPE and changes to environment to decrease risks. Dentists are reporting 30% less dental visits now vs. pre-COVID. Preventative care at all ages is important to overall health.
- Prop 56 funds for oral health.
- Encourage those with MediCal to see dentist. Find participating dentists at smilecalifornia.org

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- In Yolo County, all FQHCs have dental programs: Indian care, Winters Healthcare, Communicare, Elica. They accept MediCal and have a sliding scale.
- Health on Wheels (HOW) Mobile Dental Services through Elica-looking for places to go. 4th and Hope every other week. Accept MediCal. Nancy Gifford, social worker at Margaret McDowell Manor senior housing in West Sacramento reports that 50% of her re are not English speakers. They can use language lines.
- Gap in Service: there are no specialty dental services that accept DentiCal (MediCal) in Yolo County
- For more information on the program and educational materials go to:
www.yolocountyHealthymouth.org

FOLLOW UP: Medicare does not have an oral health benefit. Advocacy at state level needed for this. Forward to YHAA Advocacy Committee for follow up.

5). Round table discussion from participants-updates on programs and services from members (all)

Yolo County Housing (Isaac Blacklock) November launching program to help assist persons on the housing choice voucher program (Sect. 8). Currently 1500 families on the list. Will guide and support for additional resources.

Yolo Adult Day Health Center (Beth Conn-Ossenforth) Enrolling first participants for telehealth-only that will include case management and Zoom classes. Maintaining current enrollees, providing lunch drop off for food, phone check ins, Zoom classes and get-togethers, PT in person. Enrolling new people.

Yolo Hospice Programs

Citizens who Care (Tracy Keenan) open to new clients-volunteers are running errands, grocery shopping, making calls.

Yolo Hospice (Kenia Miller) many appointments are telehealth, hosting this Thurs. Vet to Vet Café.

Yolo Cares Palliative Care Program

Galileo Place (adult day program) continuing to get it ready, planned opening in 2021. Getting permits and license. Starting construction on garden.

Senior Peer Counseling-(Norriell Richards) working on reconstruction of program, volunteer recruitment.

Sutter Davis Hospital (Craig Blomberg) Davis continues to have lower cases of COVID. UCD positivity rate is low. This committee provides timely referral information for Craig to do his work. Very valuable.

Yolo County Veterans Services (Sal Torres) His office helps veterans connect to VA benefits, pensions, Aide and Attendant program for in home care, VA health care benefits, help apply for service acquired disability payment, (new Navy veterans can get care for Agent Orange connected problems), education benefits, housing benefits. All appointments are by phone, no in person.

Gap in Service: Transportation to medical appointments is currently on hold because they need new volunteers to drive them.

AAA4 Person Centered Counselors (Rebecca Hensley) continuing to focus on nutrition providing meals to project room key participants. Developing additional nutrition programs for persons 55 year and older

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with disability < 200% of poverty. Also have Walmart cards for this program. To refer email: Pccteam@aaa4.com

Health Insurance Counseling and Advocacy Program (HICAP) (Carolyn Washington) Open enrollment is happening now when you can change drug plans, add or change to Medicare Advantage or back to classic Medicare. Open enrollment ends Dec. 7.

Yolo 211 (Anna Morales) Health and human service resource hub can be accessed by dialing 2-1-1 anywhere in Yolo County or visit searchable website <https://www.211sacramento.org/211/2-1-1-yolo-county/>. Agencies-check that you are correctly included. Send updates to Anna. amorales@211sacramento.org.

IHSS Public Authority (Rossana Vigil) Services IHSS consumers who are looking for providers-free referral listing based on their needs. Have a backup care provider program called Home Care Now. IHSS case workers are not doing home visits but helping via phone or zoom to support. Staff are not required to have flu shot but encouraged to have one, while an individual consumer can require them to get one. Still distributing masks, gloves and hand sanitizer to providers. **FOLLOW UP:** Is there a Yolo County order to require all caregivers to get a flu shot?
<https://www.yolocounty.org/home/showdocument?id=66178>

In Home Supportive Services (IHSS) (Elida Serratos) Continuing work remotely with only very small number of instances where social workers are doing home visits. Must be on MediCal, evaluated and provided a number of hours to keep someone safely in their home. Main line: 530-661-2955. Leave a message and they will respond.

Adult Protective Services (Melinda Meeken) moved their nurse to HHS public health-but now back to APS-many cases require nursing assessment and intervention so this service is essential. APS investigates reports of abuse and neglect. Current staffing: 4 social workers, one clinician, one nurse. Having a rise in calls. Doing home visits and doing investigations. Call 530-661-2727 to report. If you are a mandated report must call in report with a faxed paper report. Getting a new APS email rather than fax, but not quite ready yet. Fax: 530-661-2761 fax for reports.

Yolo County Library (Joan Tuss/Mark Fink) Joan Tuss: Books by mail for homebound people is back up and running. Mark Fink: curbside drop off/pick up at all branches. Offering computer appointments.

Yolo County Public Guardian (Jessica Gojkovich) all staff continue to tele-commuting but evaluation and care for clients continues.

Davis Senior Center (Lisa DeAmicis) Sat. Nov. 7 Rotary Club battery change day for seniors in Davis. No charge, sign up by Nov. 4. Call 757-5696 to sign up. Provide name, address and how many smoke alarms. Volunteers will wear masks. Programs at Davis Senior Center: COVID tests 3-7pm every Monday, Zoom classes, about a month ago resumed free medical equipment lending closet. Not taking the equipment back as no cleaning facilities.

Del Oro Caregiver Resource Center (Michelle Nevins) support for families that are caring for someone at home. Brain impaired adult or > 60 years with any impairment. Not doing any home visits but support by phone or Zoom. Provide in home care respite. People are accessing this service. There are some

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home care provider shortages. Caregiver education via Zoom. All workshops are online and Youtube channel <https://www.youtube.com/channel/UCuHtHfzlgAlpmqEUM97IUA>. Have seen an increase in number of clients contacts in Yolo County.

Resources for Independent Living (Emily Miyaoka) offering independent living skills for youth.

ApexCare (Cindi Unger) all healthcare providers are having issues with sufficient providers. We need to make sure to protect ourselves and our clients. Encourage everyone to get the flu shot. Oct. 1 Public Health Officer order that requires all healthcare workers that have direct contact with patients to receive the influenza shot. Cindi is also working with the Yolo Co. Aging and Adult Services Commission on Disaster Preparedness-getting education out to the community.

UNITE Us (Casanya Ursery) a platform for electronic referrals. Website is live ready to go. Will give update next month. Uniteus.com

FEMA Voluntary Agency Liaison (Paris Rogers) What local grassroots are doing to mitigate and support community COVID

Reports from members not able to attend:

Alzheimer's Association (Denise Davis and Alexandra Weisgerber) Upcoming and ongoing education events and support groups can be found online:

Education: <https://drive.google.com/file/d/1wDZK7KlaWY9eGgXQvyx6N0q4DERYR8JL/view>

Support Groups: <https://drive.google.com/drive/folders/1se0jxPpmkTJfGZk8F1L3pDQH1vscr9e>

Yolo Meals on Wheels (Alexa Torres) Meals on Wheels Yolo County started delivering meals three days a week: Mondays, Wednesdays, & Thursdays. This new schedule began Monday, October 19th. We are now able to send out a bi-weekly menu that is subject to change. The type of meals we are delivering are: 1 hot meal (ready to eat immediately) & 1 frozen meal on Monday, 1 hot meal on Wednesday, 1 hot meal & 1 frozen meal for Thursday. In total: 3 hot meals (ready to eat immediately) and 2 frozen meals (for the days we don't deliver), a total of 5 lunches for M-F. We have had an influx of calls recently and are still taking referrals. Anyone who qualifies will be added to our waitlist, which we will start reducing in November. We still need reliable volunteers at all of our sites (Woodland, West Sacramento, Davis, Winters). If anyone is interested in volunteering they can contact our Deputy Director, Daysi Brown. Her email is: dbrown@mowyolo.org

6). Update on Yolo Healthy Aging Alliance activities (Sheila Allen)

a. Friendly caller program- <https://www.yolohealthyaging.org/phone-friend-forms>

b. Healthy People-Healthy Park Project in collaboration with Cache Creek Conservancy and Putah Creek Council <https://parkrxamerica.org/about.php>

c. California Master Plan for Aging <https://www.chhs.ca.gov/home/master-plan-for-aging/>

d. Yolo Healthy Aging Alliance Advocacy Committee meets first Thurs. each month, 10am-noon via Zoom <https://www.yolohealthyaging.org/advocacy>

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- 7). **Future agenda items** District Attorney Elder Abuse Prevention Program; marijuana and older adults; Yolo Housing Authority Program overview (November), UNITE Us, FEMA
- 8). **Announcements** no additional
- 9). **Next meeting, Monday, November 30 (5th Monday of month), 9am-11am, via Zoom**